



# Cayuga Trails

*Newsletter of the Cayuga Trails Club  
Founded in 1962 "to explore, enjoy and preserve wild lands  
and places of natural beauty..."*

January - February 2013

Winter Edition

Volume 53, Nos. 1 & 2

## **Cayuga Trails Club President's Column**

**by Vito Brancato**



**I**t is my hope this newsletter finds you healthy, happy, safe, and warm. It hasn't been much of a winter as of this writing, since we've had more rain than snow. The winter season is still young, so you cross-country and downhill skiers, snowboarders, sledgers, and snowshoers may get the snow you need. Just last night, December 22, we got snow along with howling north winds off Cayuga Lake that brought down some trees; one blocked my driveway.

I'd like to thank the Cayuga Trails Club Vice President Carol Mallison for taking command of the October and December board meetings in my absence. I missed the October meeting due to travel, and was recovering from surgery for the December meeting. I am back and want to highlight some of your Executive Board's recent doings. There was a feathery special guest at the December board meeting; a one-eyed barred owl accompanied Marsha Zgola. What a hoot! The owl was hit by truck and is in Marsha's care. Treasurer Jim Connors reported that while the recent CTC income was fairly low and our expenses high, our yearly estimated income for 2012 exceeded expectations and estimated expenses were lower than expected. The club is solvent. Thank you Jim Connors for keeping CTC finances in order. In the same vein, I would like to thank our Finance Committee, comprised of Chair John Andersson, Jim Connors, and John Priester. This committee developed the CTC Financial Resources Guidelines to help the club in terms of spending and estimating reasonable levels of funds to maintain at all times. The Board unanimously adopted the Guidelines. The Financial Committee previously developed the CTC Monetary Donations Guidelines for the club's donations giving. Much thought and time have gone into these documents.

In addition to work around the boardroom table, a lot of work is done on the trail. The Interloken Trail Clearing Project in the Finger Lakes National Forest was held on November 3. Three sawyer teams downed seventy trees in six and a half hours. CTC volunteer crews worked with National Forest rangers to organize the project and map the trees. Job well done. Thanks go out to Trails Chair Paul Warrender and his crew, including Phil Dankert, Jonathan Bernstein, and other volunteers. This kind of work is a vital part of what our club is all about. The Chestnut Lean-to in the Danby State Forest is scheduled for replacement in the coming year; more on that as we get into 2013. In addition to our trail work, we also participate in the Adopt-a-Highway program. I would like to thank David Priester for organizing and leading the highway cleanup crews this year. The CTC picks up trash from a two-mile stretch of NYS Route 366, from Pine Tree Road east through Varna. We typically have four cleanup events each year, so watch for scheduled dates in 2013.

Another vital part of what the CTC is about, of course, is hiking. Publicity Chair Carol Mallison reported that "hiking" was voted the best activity in the Ithaca Times "Best of Ithaca" vote. Check out upcoming hiking opportunities and as we get some snow, cross-country skiing and snowshoeing outings. In addition, consider leading a hike or ski outing. It's not hard and is a lot of fun.

Earlier in this letter I mentioned our club finances. Our two main sources of revenue are our guidebook sales and membership dues. Treasurer Jim Connors reported that we have sold 697 copies of the 1500 we had printed this year. The guidebook and its accompanying maps are a great resource and wealth of information on the FLT in our area. Membership Chair Suzanne Cohen reported that our current membership is 206. Be on the lookout for renewal forms.

Lastly, I want to highlight our Annual Meeting, which will be held on January 27, 2013 at the Ramada Inn. I would like to thank Social Chair Marsha Zgola for organizing this event, as she has done for as long as I have been a part of this club and probably longer. This is a great way to get together with other members, eat good food, receive updates on the current events of the club, and listen to an interesting and entertaining presentation. Todd Miner, Executive Director of Cornell Outdoor Education, will be the keynote speaker. Watch for the Annual Meeting notice in the mail.

I want to wish everyone a Happy New Year. Our natural instincts might be to hibernate and stay close to the home fires this time of year, instead dress warmly and get outdoors for the pleasures of it. See you on the trail.

---

## **Cayuga Trails Club Annual Meeting and Banquet**

January 27, 2013 (Sunday)

- ◆ **Location:** Ramada Inn, 2310 North Triphammer Road, Ithaca
- ◆ **Meeting Time:** Social Hour starts at noon, luncheon at 1:00 p.m.
- ◆ **Contact:** Marsha Zgola, [mmz2@cornell.edu](mailto:mmz2@cornell.edu)

**W**atch your mailbox for the registration flyer for the Annual Meeting and Banquet. Guest Speaker Todd Miner, Executive Director of Cornell Outdoor Education, will share "Classic Alaskan Adventures on the Cheap and Easy". Alaska has been called the ultimate adventure but its distance, cost, and the wildness can be a barrier to making it your adventure. Hear from long-time resident and Alaska expert Todd Miner about exploring and seeing the best of Alaska without breaking the bank or exterminating your leave account. Enjoy exciting and motivating photos, and get the inside scoop on classic yet affordable Alaska adventures for anyone interested in the outdoors.

The luncheon is a value at only \$13 per member, as the CTC subsidizes the difference of the \$20 cost per person. There will be a choice of three entrees, several salads and side dishes, dessert, and some beverages. See you there!

### **Adopt-A-Highway Completes the 2012 Cycle**

by David Priester, Adopt-A-Highway Chair

**T**he 2012 highway cleanup season closed with another successful cleanup event on November 10. I extend my thanks to all those who came out and helped cleanse our part of NYS Route 366 of the accumulated trash and debris. This is an essential program that helps keep our environment clean beyond what the state can manage. I'm told that Tom Reimers began the CTC involvement with the Adopt-a-Highway program. What a good thought and service to the community. I have had people stop along the road and thank us for what we were doing. After the New Year we will be looking at the calendar of events and scheduling the new series of cleanups beginning in late April most likely. Thank you to everyone who participated and I hope you will join the fun in 2013.



*Volunteers at the November 2012 Highway Cleanup. Photo by Anna Keeton.*

#### ***"Thank You" to Our Trail Land Owners***

*Please accept the appreciation of the Cayuga Trails Club Board members for your continuing permission to route local trails through your property. Perhaps your trail's caretaker has said so directly. Please know that we are all grateful for the privilege of enjoying your backwoods, streams, and fields. On behalf of all hikers and Cayuga Trails Club members, we acknowledge that, without your generosity, we would simply never have a continuous trail to enjoy in our local area.*

### **Welcome New Cayuga Trails Club Members**

by Suzanne Cohen

Ithaca: Ken and Barbara Friedman

Monica Molina

Myra Shulman

---

## Trails Report by Paul Warrender, Trails Chair

### Trail Sections in Need of Adoption

**T**wo trail sections are in need of adoption: a section on the Abbott Loop Trail on FLT Map 17 and a section of the Finger Lakes Trail on FLT Map 16. The Abbott Loop Trail (orange blazes; M17) segment is between the southern Bald Hill Road trail crossing and the southern Michigan Hollow Road trail crossing. This 1.6-mile trail section is entirely within Danby State Forest. The trail goes through Bald Glen and follows the west branch of Michigan Creek, eventually to its confluence with Michigan Creek proper at Michigan Hollow Road. It is a quiet woods and ravine walk through mixed hardwoods and conifer woods; a very important and well-used part of the local trail system.

The Finger Lakes Trail (white blazes; M16) segment is from the intersection of Schuyler County Route 6 and Gulf Road to Todd Road, mostly within the Connecticut Hill State Wildlife Management Area. This 3.4-mile section runs along Cayuta Creek, over two very large locust-timber bridges, up the hill through various hardwood and conifer stands, and along one of the prettiest ravine-side walks on the FLT. A bivouac area at this ravine is a favorite campsite.

Volunteer trail adopters are responsible for visiting their trail at least 3 times per year. Maintenance may include cutting back some brush, tall grasses, and weeds; repainting trail blazes when needed; and communicating trail repair issues to the Trails Chair. Trail maintenance tools and powered brush cutters are available for loan from the Cayuga Trails Club tool cache. Most trail adopters spend about 15 hours per year maintaining a trail section, give or take a few hours depending on section length and local conditions. Trail adoption and maintenance is a great way to give back to the hiking community and the trails that you love to hike. It's also a great way to get outside and enjoy the natural beauty of our area. Anyone interested in adoption of either of these sections should call me, Paul Warrender, at 401-439-8285, or email me at [paul.warrender@yahoo.com](mailto:paul.warrender@yahoo.com) directly. If you know a trail adopter, or happen to bump into one on the trail, please thank them. Without our trail adopters, our trails are nothing!

### Interloken Trail Clearing Project

**A** late storm, the remnants of Hurricane Sandy, brushed by the Finger Lakes Region and left many trees down across the Interloken Trail, Finger Lakes Trail, and the Gorge Trail, all within the Finger Lakes National Forest. Many trees, some quite large, were left flat or hung across the trails, in some areas making for rugged hiking conditions. The call went out from Rebecca Wright, FLNF Ranger and Forestry Technician, to the Finger Lakes Trail Conference for help in removing trees. The Cayuga Trails Club responded to this call on Saturday, November 3, with three sawyer teams who cut away approximately 70 trees in one day, nearly clearing all trails! The work resulted in a safe outing, culminating in pizza and beverages at the Old H&E tavern in Burdett.

I'd like to thank the sawyer team members for coming out on a cold, damp, and sometimes snowy day, and working so hard to clear so much trail. The effort was hugely appreciated by the Finger Lakes National Forest rangers, the Finger Lakes Trail Conference, and myself. I'd also like to thank Rebecca Wright, FLNF Ranger, who took great pains to map each blow-down location, making the effort so much easier to organize.



*Photo at right from left to right:  
Scott Brooks, Paul Warrender, Phil  
Dankert, Jonathan Bernstein,  
Wayne Smith, and Paul Hoffman.  
Photo by Rebecca Wright.*

---

**Construction on the Cayuga Trail**  
**submitted by Tom Reimers**

Hikers on the Cayuga Trail should be aware that Fall Creek cannot be crossed on the Route 13 highway bridge south of Lower Creek Road. A new bridge is being constructed by the New York State Department of Transportation. Pedestrians eventually will be accommodated with a temporary path and bridge until construction is completed in June 2014. Until the temporary bridge is built there is no way to cross Fall Creek on the Cayuga Trail in this area. The trail will continue to be maintained to the construction area on both sides of Fall Creek. The good news: the new bridge will include a 10-foot-wide shoulder, which will be much wider and safer for pedestrians than the very narrow “shoulder” on the current bridge. Since the bridge-replacement project was first announced in November 2009, the Cayuga Trails Club and Cornell University (which owns the land the Cayuga Trail is on) have been following developments. See page 7 for a photo of the construction area.

**Hike Reports**

**Tanglewood Nature Center**

- ◆ **Date:** Saturday, October 20, 2012
- ◆ **Location:** Tanglewood Nature Center, Elmira, NY
- ◆ **Leader:** Joyce Noonan

Nine hikers plus myself had a grand time. Family members of two hikers met us at Tanglewood, and a hiker from Elmira met up with us on the Red Trail. The stop at Harris Hill had good views, where we saw sailplanes parked near the hangar, along with the scene high over the Chemung River and its valley. We took the three-mile long Red Trail, which is part of an old logging road. Red pine, hickory, birch, and maple trees were predominant. Sheer vertical rocks brought out the daredevil in some hikers, while we watched sailplanes float in the updrafts over the river valley. One deer ran away from us and we saw a late-season monarch. On our return, we had snacks at a Halloween event, and we saw corn snakes, a California coral snake, a timber rattlesnake, plus Madagascar hissing cockroaches on display. Thanks to Eric Burnett for local information.

**Upcoming Hikes and Other Events**

**Hike Glen Creek Gorge and Catherine Valley**  
**January 12, 2013 (Saturday)**

- ◆ **Location:** Interloken Trail,
- ◆ **Carpool Meeting Place:** Eastern Mountain Sports Parking Lot at 722 S. Meadow St, Ithaca
- ◆ **Meeting Time:** 8:00 a.m.
- ◆ **Contact:** Gary Mallow, [garymallow2004@yahoo.com](mailto:garymallow2004@yahoo.com)

Experience dramatic Glen Creek Gorge and historic Catherine Valley in January, a time of the year when few other hikers are out there. We will begin our hike high above Watkins Glen, hiking eastward on the FLT 100 feet or more above Glen Creek, until we reach the flood plain in the Village of Watkins Glen. We'll hike downhill from approximately 1,100 feet to about 600 feet elevation. Then a short hike past neighboring homes to the quiet Barge Canal, and a straight shot on level ground south, parallel to the canal down Catherine Valley, finishing at Aunt Sarah's Falls. Features of this hike include Glen Creek gorge, natural ice sculptures, the wonderful stone work of the boys of the Civilian Conservation Corps, early history of Queen Catherine Marsh, and Aunt Sarah's Falls.

We will meet at EMS to carpool, drive to Watkins Glen, and drop a few cars at our endpoint at Aunt Sarah's Falls. Then we'll drive to the starting point, a park service road off Townsend Rd. (Route 329). Plan to hike in wind, rain, or snow, with the exception of hazardous driving conditions. This hike is rated strenuous. Hiking distance is 6.2 miles in rugged terrain and you should expect snow and ice. Come prepared with: snowshoes, good quality hiking shoes or boots, warm clothing, and the essential 10 for safe hiking, which includes water and a first aid kit. Hikers are invited after the hike to the Wildflower Cafe & Crooked Rooster Brewpub in Watkins for a sandwich and a local beer or glass of Finger Lakes wine. Contact the hike leader with any questions.

---

## **Ski Tour at Yellow Barn State Forest**

**January 17, 2013 (Thursday)**

- ◆ **Location:** Yellow Barn State Forest, Town of Dryden
- ◆ **Meeting Place:** Meet at the top of Tehan Road off Irish Settlement Road.
- ◆ **Meeting Time:** 10:00 a.m.
- ◆ **Contacts:** Barbara Nussbaum, *barbnussb@yahoo.de*, 607-257-6906 and Joan Jedele, *jjede16@yahoo.com*, 607-280-6990

**T**his ski tour will be the first of three midweek joint outings of the Cayuga Nordic Ski Club and the Cayuga Trails Club. Join Barb Nussbaum and Joan Jedele for about two hours of midweek X-county skiing in the beautiful Yellow Barn State Forest. This tour is rated easy and is also suitable for beginners with at least some days X-Country Ski experience. Dress in layers according to the weather and bring (warm) water and a snack. This tour will be a hike or might be cancelled if the snow conditions are not suitable or if the roads are hazardous. Please check the CTC or the Cayuga Nordic Ski Club websites in the morning of the tour if you have doubts about snow conditions. Contact the event leaders with any questions.

## **Ski Tour at Hammond Hill State Forest**

**January 24, 2013 (Thursday)**

- ◆ **Location:** Hammond Hill State Forest, Town of Dryden
- ◆ **Meeting Place:** Meet at the top of Star Stanton Road off Hammond Hill Road
- ◆ **Meeting Time:** 10:00 a.m.
- ◆ **Contacts:** Barbara Nussbaum, *barbnussb@yahoo.de*, 607-257-6906 and Joan Jedele, *jjede16@yahoo.com*, 607-280-6990

**T**his ski tour will be the second of three midweek joint outings of the Cayuga Nordic Ski Club and the Cayuga Trails Club. Join Barb Nussbaum and Joan Jedele for about three hours of midweek X-county skiing in the beautiful Hammond Hill State Forest. The terrain is hilly and depending on the snow conditions this tour is rated moderate to difficult. Dress in layers according to the weather and bring (warm) water and a snack. You may download a ski trail map from the Cayuga Nordic Ski Club's Website at [http://cayuganordicski.org/new/HH\\_DECtrailmap2009.pdf](http://cayuganordicski.org/new/HH_DECtrailmap2009.pdf). This tour might be cancelled if the snow conditions are not suitable or if the roads are hazardous. Please, check the CTC or the Cayuga Nordic Ski Club websites in the morning of the tour if you have doubts about snow conditions. Contact the event leaders with any questions.

## **Ski Tour at Bear Swamp State Forest**

**February 14, 2013 (Thursday)**

- ◆ **Location:** Bear Swamp State Forest, south entrance, east of Sempronius
- ◆ **Carpool Meeting Place:** Meet at the Cornell University Golf Course parking lot on Warren Road in Ithaca
- ◆ **Carpool Meeting Time:** 9:30 a.m.
- ◆ **Contacts:** Barbara Nussbaum, *barbnussb@yahoo.de*, 607-257-6906 and Joan Jedele, *jjede16@yahoo.com*, 607-280-6990

**T**his ski tour will be last of three midweek joint outings of the Cayuga Nordic Ski Club and the Cayuga Trails Club. Join Barb Nussbaum and Joan Jedele for about three to four hours of midweek X-county skiing in the hilly Bear Swamp State Forest. Depending on the snow conditions this tour is rated moderate to difficult. Driving to Bear Swamp takes about one hour. Dress in layers for the weather and bring (warm) water, snacks and lunch. Download a ski trail map from the Cayuga Nordic Ski Club's Website at <http://cayuganordicski.org/new/cnscbear.html>. This tour might be cancelled if the snow conditions are not suitable or if the roads are hazardous. Check the CTC or the Cayuga Nordic Ski Club websites in the morning of the tour if you have doubts about snow conditions. Contact the event leaders with any questions and if you want to meet at the south entrance at Bear Swamp, about .25 miles north along Bear Swamp Road from its intersection with Iowa Road (1.5 miles east of Sempronius).

---

**Let's Go Sledding!**  
**February 23, 2013 (Saturday)**

- ◆ **Location:** Cornell Plantations Horticultural Center (Mundy Wildflower Garden) parking area at intersection of Caldwell Road and Forest Home Drive, Ithaca
- ◆ **Meeting Place:** Meet at the Cornell University Golf Course parking lot on Warren Road in Ithaca
- ◆ **Meeting Time:** 10:00 a.m.
- ◆ **Contacts:** Carol Mallison, [gimmechocolate@twcny.rr.com](mailto:gimmechocolate@twcny.rr.com), 607-564-3396

**G**rab your sled, toboggan, flying saucer, tray from the dining hall, or snow tube, and let's hit the slope at Cornell Plantations! This will be fun for the whole family or the kid in you. No snow? No worries! We will take a hike instead. Meet in the parking lot for the Mundy Wildflower Gardens, corner of Caldwell Road and Forest Home Drive, Ithaca. And, by the way, snow tubes are really the way to go for the aging derriere. Contact the event leader with any questions.

\*\*\*\*\*

**Hunting Seasons and Hiking Safety**

by Anna Keeton

**T**he New York State Department of Environmental Conservation has implemented new hunting regulations to help manage deer populations in Tompkins County. January 2013 Deer Management Focus Areas in Tompkins County include Buttermilk Falls State Park, Robert H. Treman State Park, Cornell Campus Lands, and Cornell Plantations. Monitor these websites for maps and information:

- <http://www.dec.ny.gov/outdoor/82382.html>
- [http://www.dec.ny.gov/docs/regions\\_pdf/tompdmfa.pdf](http://www.dec.ny.gov/docs/regions_pdf/tompdmfa.pdf)
- <http://www.dec.ny.gov/outdoor/hunting.html>
- <http://www.fltconference.org/trails/hike-the-trail/trail-conditions1/>
- <http://cayugatrailsclub.org/trails/notices.php>

In addition to keeping informed about local hunting seasons, hikers should follow basic safety guidelines in the winter and throughout the year. The NYS DEC brochure titled "Lost in the Woods: How to Avoid it, What to Do if You Can't" has helpful reminders and is located at [http://www.dec.ny.gov/docs/legal\\_protection\\_pdf/lostinwoods.pdf](http://www.dec.ny.gov/docs/legal_protection_pdf/lostinwoods.pdf). Highlights from that brochure include:

1. Learn to use a topographic map, GPS and compass, and always carry them.
2. Pick out landmarks that are easy to find at the end of the day. For example, a road that runs east-west or north-south.
3. Carry a small flashlight or headlamp, extra batteries, and bulb.
4. Bring a watch and know what time it gets dark.
5. Carry a cell phone, but still leave word with a contact person.
6. Bring waterproof matches and fire starter material.
7. Wear a pack to carry clothing, food and water. A tiny emergency "space blanket" can save your life.
8. Prepare for the weather. In cold, wet weather, wear wool or synthetics. Do not wear cotton (including blue jeans), as it absorbs water and drains your body heat. A hat that covers the ears is also very important in cold weather.
9. Bring extra food and water. Becoming dehydrated or not eating enough can cause hypothermia, which can lead to physical debilitation or mental confusion and poor decision-making.
10. Leave word with someone about your whereabouts and expected time of return.

***Cayuga Trails* is published six times a year and is edited and published by Anna Keeton. Comments and original contributions are welcome. Deadline for the Early Spring edition is February 15, 2012. Send contributions to [newsletter@cayugatrailsclub.org](mailto:newsletter@cayugatrailsclub.org). Visit the Cayuga Trails Club website at [www.cayugatrailsclub.org](http://www.cayugatrailsclub.org).**

---

## Remembering Virginia Gillespie

excerpt from the Ithaca Journal website

Long-time Cayuga Trails Club member Virginia "Ginny" Gillespie passed away on October 26, 2012 at Oak Hill Manor in Ithaca. As written in her obituary posted on the Ithaca Journal website, she and her husband James "Jim" moved to Ithaca in 1946 for his position at Cornell University. "One of Ginny's true loves was hiking. As a member of the Cayuga Trails and Adirondack Clubs, she spent countless hours walking the trails in the Ithaca area. She was also an avid swimmer (mostly in Cayuga Lake) and alpine and cross-country skier, and birder par extraordinary. She also enjoyed gathering family and friends at her beloved home in Ellis Hollow and cottage on the East shore of Cayuga Lake. But her greatest joy was traveling; her bag was always packed ready for the next adventure. She explored many places in Africa, Asia, Australia/New Zealand, Europe, Russia, South America, and the United States and Canada. In the United States, she especially liked camping and hiking in the state and national parks...". "Ginny will be long remembered in so many ways including her intellect, curiosity, and adventurous and fun loving spirit. She will be truly missed by all. The family is planning a memorial service in the spring of 2013. Service information will be announced in a future edition."

\*\*\*\*\*

### 2012 CTC Board Members

President.....	Vito Brancato	Membership.....	Suzanne Cohen
Vice-President.....	Carol Mallison	Social.....	Marsha Zgola
Secretary.....	Sigrid Connors	Trails.....	Paul Warrender
Treasurer.....	Jim Connors	Newsletter.....	Anna Keeton
Members at Large.....	Barbara Nussbaum	Archives/Historian.....	Barbara Morley
	Anna Keeton	Publicity.....	Carol Mallison
Walk, Look & Learn Hikes.....	Carol Mallison	Adopt-A-Highway.....	David Priester
Finance.....	John Andersson	IT/Website.....	Roger Hopkins
Guide Book.....	Lincoln Brown	Landowner Relations.....	Peter Marks

\*\*\*\*\*



*Construction area where a new highway bridge is being built across Fall Creek. The current bridge where the creek was crossed on the Cayuga Trail is on the left. See page 4 for article. Photo by Tom Reimers.*

---

Cayuga Trails Club, Inc.  
P.O. Box 754  
Ithaca, NY 14851-0754

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
ITHACA, NY  
PERMIT NO. 94

### **Mark Your Calendar**

- Sat, Jan 12 . . . . . Hike Glen Creek Gorge and Catherine Valley. Details page 4. Leader: Gary Mallow,  
*garymallow2004@yahoo.com*
- Thur, Jan 24 . . . . . Ski Tour at Yellow Barn State Forest. Details page 5. Leader: Barbara Nussbaum,  
607-257-6906, *barbnussb@yahoo.de*
- Thur, Jan 24 . . . . . Ski Tour at Hammond Hill State Forest. Details page 5. Leader: Barbara Nussbaum,  
607-257-6906, *barbnussb@yahoo.de*
- Sun, Jan 27 . . . . . Cayuga Trails Club Annual Meeting and Banquet. Details page 2. Coordinator: Marsha  
Zgola, 607-546-7367, *mmz2@cornell.edu*.
- Thur, Jan 24 . . . . . Ski Tour at Bear Swamp State Forest. Details page 5. Leader: Barbara Nussbaum,  
607-257-6906, *barbnussb@yahoo.de*
- Sat, Feb 23 . . . . . Let's Go Sledding! Details page 6. Leader: Carol Mallison,  
607-564-3396, *gimmechocolate@twcny.rr.com*
- All Events . . . . . Check website *cayugatrailsclub.org* for notices on events that take place before the next newsletter  
reaches your mailbox or that were not announced in this edition.





# Cayuga Trails

Newsletter of the Cayuga Trails Club  
Founded in 1962 "to explore, enjoy and preserve wild lands  
and places of natural beauty..."

March - April 2013

Early Spring Edition

Volume 53, Nos. 3 & 4

## Cayuga Trails Club Annual Meeting and Banquet

by Anna Keeton

The Cayuga Trails Club's (CTC) Annual Meeting and Banquet was held at the Ramada Inn on Triphammer Road, Ithaca on Sunday, January 27, 2013. Social hour started at noon, giving attendees an hour to catch up with hiking friends and meet new acquaintances. After the lunch buffet and dessert, CTC's outgoing President Vito Brancato called the meeting to order, Secretary Sigrid Connors reviewed Minutes from the January 2012 Annual Meeting, Treasurer Jim Connors presented the 2012 Treasurer's Report, and Vito Brancato highlighted CTC events from 2012 in the President's Report. Among the 2012 highlights were celebrations of the 50th Anniversaries of the CTC, the Finger Lakes Trail, and the Finger Lakes Trail Conference (FLTC); the CTC hosted the 2012 FLTC Fall Campout at Robert Treman State Park; and welcoming Lincoln Brown as the new CTC Guidebook Editor. Each standing Committee presented their reports, the 2013 Officers were elected, then everyone welcomed new President Roger Hopkins and Vice-President David Priester. Sigrid Connors and Jim Connors were elected to continue their respective positions of Secretary and Treasurer, and the new Board Member-at-Large Micheline Zion was welcomed. After the 2013 Oscar Brown and Oscar Grey Awards were presented to Jim & Sigrid Connors and Anna Keeton (see pages 10 and 11 for more on the awards), Guest Speaker Todd Miner, Executive Director of Cornell Outdoor Education, shared his talk "Classic Alaskan Adventures on the Cheap and Easy". Miner has many years of experience with trips to Alaska and the audience appreciated him sharing his knowledge and photograph slide show. If you missed the Meeting and Banquet this year, make sure to attend next year to enjoy the fun.



Upper left to lower right: Guest speaker and Executive Director of Cornell Outdoor Education Todd Miner, attendees enjoying Miner's presentation, new CTC President Roger Hopkins, and FLTC President Pat Monahan. Photos by Michael "Bodhi" Rogers.

---

## Cayuga Trails Club President's Column

by Roger Hopkins



This is a new adventure for me. I wonder where to start. I guess the first thing is to thank some people: the many club members who built the Cayuga Trails Club, the Cayuga Trail, and our section of the Finger Lakes Trail during our first fifty years; the members, staff and volunteer leaders of the Finger Lakes Trail Conference that support and guide our efforts and give us a state-wide and national connections; the landowners who allow our trails to cross their property and are willing to share the wonders of their land with the public; the current members, supporters, and guests of the Cayuga Trails Club who participate in our events and give purpose and meaning to our efforts; and special thanks to our members who volunteer to maintain and improve the trails, lead hikes, and help with the administration of the Club through our Executive Board and Committees. Thank you all!

The next thing that occurs to me is that 2013 will be the first year of our second half-century! Both for the Club and for the Finger Lakes Trail! This could be a cornerstone year for us to reflect on the accomplishments of the first fifty years and to try to imagine what the next 50 years will bring to our Club, the trails, and our region. Thanks to the wonderful efforts of Barb Morley, CTC Archivist, supported by Phil Dankert, Paul Warrender, and Jim Connors, the scanned images of the past fifty years of our newsletter, soon to appear on our website, will make reflecting on the past easy, fun, and very interesting. I encourage all to follow this project as it unfolds, browse the archive, and share the wonders you find there using our Yahoo E-Group and Facebook pages.

Looking forward is not quite as easy. Think about obvious issues like climate change, hydrofracking, sprawling development, changing patterns of recreation, focus on accessible and healthy recreation, economic pressures on both consumers and providers of recreational facilities, and increasing demands on our free time. But also think about the Club and where we want to go in coming years. Here are some starter questions:

- According to our mission statement, our purposes are “to explore, enjoy, and preserve wild lands and places of natural beauty and interest and their plant and animal life; and to encourage the informal study of the natural, historical, and cultural features relating to the out-of-doors through walks and related activities.” Does this describe what we are and what we want to be?
- Our membership numbers have been in slight decline for several years. Do we need to change this and, if so, how?
- How are we doing with our processes of administration, planning, and communication?
- How are we doing with our processes for planning and executing our hiking and social events?
- How are we doing with our processes for building and maintaining our trails?
- Do we need to strengthen and/or broaden our volunteer base and, if so, how?
- Are there other opportunities for CTC involvement beyond the Finger Lakes Trail and the Cayuga Trail?

Please share your thoughts and ideas on this with all of us. Links to the Yahoo E-Group and Facebook pages are on our home page at <http://cayugatrailclub.org>. And Happy Year 51!

\*\*\*\*\*

### 2013 CTC Board Members

President.....	Roger Hopkins	Membership.....	Suzanne Cohen
Vice-President.....	David Priester	Social.....	Marsha Zgola
Secretary.....	Sigrid Connors	Trails.....	Paul Warrender
Treasurer.....	Jim Connors	Newsletter.....	Anna Keeton
Members at Large.....	Barbara Nussbaum	Archives/Historian.....	Barbara Morley
	Micheline Zion	Publicity.....	Carol Mallison
Walk, Look & Learn Hikes.....	Carol Mallison	Adopt-A-Highway.....	David Priester
Finance.....	John Andersson	IT/Website.....	Roger Hopkins
Guide Book.....	Lincoln Brown	Landowner Relations.....	Peter Marks

---

## **Welcome New Cayuga Trails Club Members**

by Suzanne Cohen

Corning: Pat Monahan

Ithaca: Mark Darling; Terry Kristensen

VanEtten: Steven Eaton

Wilseyville: Pamela Duffy

## **Adopt-A-Highway Cleanup in 2013**

by David Priestler, Adopt-A-Highway Chair

**J**oin the CTC at the highway cleanup events scheduled for this year. Our approximately 2 mile adopted section of Route 366 is from Judd Falls to just before the old railroad overpass in the Hamlet of Varna. This is a fine way to donate some volunteer effort to the club, particularly if you are not involved in trail maintenance or other committee activities. Most volunteers are done in less than an hour; the time spent goes by quickly, and most leave feeling they contributed to the community. Meet at Cornell University's B-lot parking lot, near the corner of Caldwell Road and Route 366. Bring work gloves. The club provides spear poles, trash bags, safety gear. Thank you to everyone who participated in 2012 and I hope you will join the fun in 2013.

Wednesday April 24 at 6:00 pm

Wednesday June 26 at 6:00 pm

Wednesday August 28 at 6:00 pm

Saturday October 26 at 10:00 am

## **Trails Report**

by Paul Warrender, Trails Chair

### **Trail Sections Adoption**

**O**ne section is currently open for adoption: the Finger Lakes Trail from Gulf Road to Todd Road (FLT Map 16). This section heads east from Schuyler County Route 6 and Gulf Road and follows picturesque Cayuta Creek, over two large locust beam trail bridges, and up into the Connecticut Hill Wildlife Management Area. The trail winds up Connecticut Hill on an old Jeep trail, then through quiet and cool hemlock forest and alongside a very scenic creek bed. A beautiful, scenic hike at any time of year.

### **Chestnut Lean-to Replacement**

**A**s some reading this may have already heard, plans are being made to replace the Chestnut Lean-to in Danby State Forest (FLT Map 17) this Spring/Summer 2013. The Cayuga Trails Club will be actively involved in all phases of the project, with the FLTC AlleyCat construction crew taking the lead in the actual building of the lean-to itself. The project will be accomplished in 4 distinct phases:

Phase 1: April 2013; clearing of access from Bald Hill Road to lean-to site. This is a CTC trails project that will require clearing of brush and some downed trees along a ½ mile abandoned logging path that ends directly behind the lean-to. We will need as many volunteers as we can possibly find to accomplish this important and necessary task.

Phase 2: May 2013; demolition of existing lean-to and fire pit; disposal of man-made materials. This is also a CTC trails project and will require a number of persons to take the existing structure apart, disperse lean-to logs (possibly cutting some up for future firewood), and removing man made materials like roofing and flashing from the forest.

Phase 3: June 2013; construction of new lean-to and fire pit; FLTC Alley Cat construction crew; Matt Branneman, construction manager. We will be looking for CTC volunteers to assist with tasks under the direction of Matt. We are also looking for volunteers to help at the crew camping facilities at Lions Camp Badger; all interested volunteers should contact Paul Warrender either by phone at 401-439-8285 or at [trails@cayugatrailsclub.org](mailto:trails@cayugatrailsclub.org).

Phase 4: October 2013; Chestnut Lean-to dedication. The best part of the project is celebration of its completion! Stay tuned for details!

Any and all interested Cayuga Trails Club volunteers should contact Paul Warrender for details. Feel free to email him at [trails@cayugatrailsclub.org](mailto:trails@cayugatrailsclub.org), or call 401-439-8285.

---

## Hike Reports

### Walk, Look, and Learn Hike #564: Cornell Plantations

- ◆ **Date:** Sunday, December 16, 2012
- ◆ **Location:** Cornell University Campus Plantations Gardens, Arboretum, and Natural Areas
- ◆ **Leaders:** Tom Reimers

**F**our Cayuga Trails Club members joined Tom Reimers on a lively hike to and through several gardens, natural areas, and the arboretum on the Cornell University campus. This happy group of hikers showed up even though the cloudy day was a bit threatening at 45 degrees. The hike started in the parking lot of the Bryan C. Nevin Welcome Center of Cornell Plantations. From there, hikers walked around Beebe Lake and through the Mundy Wildflower Garden, F.R. Newman Arboretum, Arboretum Woods, Mitchell Woods, Fall Creek Valley, Slim Jim Woods, and Gymnosperm Slope. Trails taken included the Class of '59 Jogging Trail, the Cayuga Trail, the Johnson Trail, and the Morgan-Smith Trail. Hikers continued with Tom to see the Muenschner Poisonous Plants Garden outside James Law Auditorium of the College of Veterinary Medicine. Tom encouraged hikers to return next spring to see the many poisonous surprises in the garden. The group hiked 5.02 miles according to Tom's GPS unit.

### Glen Creek Gorge and Catherine Valley Hike

- ◆ **Date:** Saturday, January 12, 2013
- ◆ **Location:** Glen Creek Gorge and Catherine Valley Trail
- ◆ **Leader:** Gary Mallow

**O**n Saturday, January 12, nine hikers decided to get some moderate exercise and fresh air, and enjoy spring-like conditions to hike the FLT along the southern edge of the Glen Creek Gorge in Watkins Glen State Park. We started at a park service road off Townsend Road. Trail conditions were variable, as 50-degree weather had dissipated much of the snow, but we still endured some wet, sloppy and slippery conditions. The Glen rewarded our efforts with some dramatic views and impressive melt water making its way over the two dams and down the gorge to its terminus at Seneca Lake. After completing the gorge hike, we made our way through one of the Watkins neighborhoods to the FLT intersection with the Queen Catherine Valley Trail. The CVT was mostly clear of snow and, in contrast with the FLT, it is quite flat and straight. We finished at the marina in Montour Falls. In total we covered over six miles. This was a reunion of several of The Usual Suspects, who have done this hike at this time of year before, but we were glad to be joined by two new faces from Montour Falls who took a chance and decided to hike with us. A number of us finished our day with lunch at the Wildflower Cafe and Crooked Rooster Pub in Watkins. This was a good group and at least one of its members had that familiar experience of realizing that several miles of trail had already been covered while engaged in conversation.



*Photo by Carol Mallison.*

#### ***"Thank You" to Our Trail Land Owners***

*Please accept the appreciation of the Cayuga Trails Club Board members for your continuing permission to route local trails through your property. Perhaps your trail's caretaker has said so directly. Please know that we are all grateful for the privilege of enjoying your backwoods, streams, and fields. On behalf of all hikers and Cayuga Trails Club members, we acknowledge that, without your generosity, we would simply never have a continuous trail to enjoy in our local area.*

---

## Cayuga Trail and Pink Trail Hike in Varna

- ◆ **Date:** Saturday, January 17, 2013
- ◆ **Location:** Cayuga Trail and Pink Trail, Hamlet of Varna
- ◆ **Leaders:** Barbara Nussbaum and Joan Jedele

**T**his outing was scheduled as a midweek ski tour in cooperation with the Cayuga Nordic Ski Club, but was turned into a hike due to the lack of snow. Six Cayuga Trails Club members and 4 Ski Club members - this means there were seven of us in total - hiked on part of the Cayuga and Pink Trails starting at the end of Monkey Run Road for about 1.5 hours. We had great views of Fall Creek from the cliffs and admired the recently improved trail just east of Monkey Run Road (see report in the 2012 Fall edition of this Newsletter). Thanks to the newly built staircase and the bridge, we had no trouble getting up and down the steep snow covered trail. Roger Hopkins pointed out some of the unique trees along the trails and all of us hugged the gigantic old red oak on the Red Trail, which is the connector between Cayuga and Pink Trails.



*Both photos by Roger Hopkins.*

## Irvin and Spanish Loop Trails

- ◆ **Date:** Thursday, February 7, 2013
- ◆ **Location:** Irvin and Spanish Loop Trails, Cortland County
- ◆ **Leaders:** Barbara Nussbaum and Joan Jedele

**T**his outing was scheduled as our second midweek ski tour in cooperation with the Cayuga Nordic Ski Club but was turned into a hike due to the lack of snow. Three Cayuga Trails Club members, 2 Ski Club members and 2 guests - this means there were five of us in total - hiked on the Irvin Trails and part of the Spanish Loop Trail starting at Daisy Hollow Road for about 1.75 hours. We had a good time hiking in the sun enjoying views into the snow-covered landscape and looking at animal tracks.



*Photo above by John Andersson.*

## Bear Swamp State Forest Ski Tour

- ◆ **Date:** Thursday, February 14, 2013
- ◆ **Location:** Bear Swamp State Forest
- ◆ **Leaders:** Barbara Nussbaum and Joan Jedele

**T**his was the last of three midweek joint outings with the Cayuga Nordic Ski Club. Three of us, all Ski Club members, enjoyed three hours of surprising good skiing on a beautiful winter afternoon with temperatures above freezing. It was good that we delayed the tour for 2 hours to allow the snow to soften. We chose a route where we skied up the steepest hills since in some areas it was still pretty fast going down them. We had a good laugh at the top of the ridge trail, where someone had hung a broken ski pole on a trail marker. If we had decided to ski down in that spot, it might have been one of our poles.

---

## Upcoming Hikes and Other Events

### Sagan Planet Walk March 3, 2013 (Sunday)

- ◆ **Location:** Sagan Planet Walk, Ithaca
- ◆ **Meeting Place:** Meet at Collegetown Bagels, 203 N. Aurora Street, Ithaca, at the corner of E. Seneca and N. Aurora Streets
- ◆ **Meeting Time:** 10:00 am
- ◆ **Contact:** Anna Keeton, Email: [annak@twcnny.rr.com](mailto:annak@twcnny.rr.com), Telephone: 607-351-3466

**L**et's walk this scale model of our solar system! Total distance is less than 2 miles round trip and will be on paved Ithaca city sidewalks for easy accessibility. Go to the Sciencenter website <http://www.sciencenter.org/saganpw/> for more details about the Sagan Planet Walk and to print your own map.

### "March of the Ides" Hike Series: Ides of March at East Hill Recreation Way March 15, 2013 (Friday)

- ◆ **Location:** East Hill Recreation Way, Ithaca
- ◆ **Meeting Place:** Meet at the parking lot for the East Hill Recreation Way on the south side of Snyder Hill Rd., 0.1 mile east of Pine Tree Rd.
- ◆ **Meeting Time:** 10:00 am
- ◆ **Contact:** John Andersson, Email: [jandersson@twcnny.rr.com](mailto:jandersson@twcnny.rr.com), Telephone: 607-539-7096, 607-229-6100

**J**oin John Andersson for a monthly series of hikes called the "March of Ides"; first hike to be on the Ides of March. The Ides of the month, according to the Roman calendar, is the 15th if the month has 31 days, otherwise it is the 13th. The March of the Ides will occur on (or very close) to the Ides of each month so most will be during the week. Length will vary, hopefully 5-10 miles. Check the CTC website or contact John for updates. Please, no dogs, but do bring water, snacks/lunch and dress for the weather in layers.

This first hike is the Mother of all Ides, the Ides of March, Friday March 15. This first hike may be in mud season so we'll stick to paved trail. We will hike the loop of the EHRW and then Hungerford Hill Road back to the EHRW. Easy, about 5.5 miles. Trivia question- what natural feature along the trail reminds us of one of Caesar's assassins?

### Ithaca Urban Hike: The Commons to Mundy Wildflower Garden Loop March 16, 2013 (Saturday)

- ◆ **Location:** Portions of Ithaca near The Commons, the Cayuga Trail, and Cornell University Campus
- ◆ **Meeting Place:** Meet at Collegetown Bagels, 203 N. Aurora Street, Ithaca, at the corner of E. Seneca and N. Aurora Streets
- ◆ **Meeting Time:** 9:00 am
- ◆ **Contact:** Anna Keeton, Email: [annak@twcnny.rr.com](mailto:annak@twcnny.rr.com), Telephone: 607-351-3466

**T**his strenuous, fast-paced hike will start at the corner of E. Seneca and N. Aurora Streets in Ithaca. We'll go uphill on University Ave. and continue on Stewart Ave. to the Cayuga Trail through the Cornell Campus. After going around the north side of Beebe Lake and through the Mundy Wildflower Garden, we'll loop back on Caldwell Road to Tower Road through the middle of the campus and back to the starting point. Total distance approximately 5 miles.

*Cayuga Trails* is published six times a year and is edited and published by Anna Keeton. Comments and original contributions are welcome. Deadline for the Spring edition is April 15, 2012. Send contributions to [newsletter@cayugatrailsclub.org](mailto:newsletter@cayugatrailsclub.org). Visit the Cayuga Trails Club website at [www.cayugatrailsclub.org](http://www.cayugatrailsclub.org).

---

## **Ithaca Urban Hike II: The Commons to Mulholland Wildflower Preserve Loop**

**March 30, 2013 (Saturday)**

- ◆ **Location:** Portions of Ithaca near The Commons, Mulholland Wildflower Preserve
- ◆ **Meeting Place:** Meet at Collegetown Bagels, 203 N. Aurora Street, Ithaca, at the corner of E. Seneca and N. Aurora Streets
- ◆ **Meeting Time:** 9:00 am
- ◆ **Contact:** Anna Keeton, Email: annak@twcny.rr.com, Telephone: 607-351-3466

**E**njoy a brisk walk uphill, from the corner of N. Aurora and E. Seneca Streets through Ithaca's East Hill Historic District on the way to trails in the Six Mile Creek Natural Area. The return trip to The Commons will be along Giles Street to the pedestrian bridge over the creek. Total distance approximately 3 miles.

## **Walk, Look, and Learn Hike #565: Two Hikes in Two Nature Preserves**

**April 6, 2013 (Saturday)**

- ◆ **Location:** Kingsbury Woods Conservation Area and William & Marjorie Thayer Nature Preserve, Danby
- ◆ **Meeting Place:** Eastern Mountain Sports (EMS) Parking Lot, 722 South Meadow St, Ithaca
- ◆ **Meeting Time:** 9:30 am
- ◆ **Contact:** Tom Reimers, Email: treimers@twcny.rr.com, Telephone: 607-272-8679

**H**ike leader Tom Reimers is pleased to introduce two beautiful, very hikeable nature preserves along famous Lick Brook. The two preserves are owned and protected forever by the Finger Lakes Land Trust. The first hike will be in Kingsbury Woods Conservation Area off Jersey Hill Road, in the Town of Danby. This easy hike will be on a loop trail roughly 1.3 miles long over gentle terrain. The trail follows Lick Brook upstream. Away from the road, the stream braids out into several branches. This preserve and other properties nearby were hit hard by a tornado that swept through the area on April 27, 2011. Although damage to Kingsbury Woods is still obvious, the forest is slowly recovering. Damage and recovery are very interesting to see.

The second hike will be at the William and Marjorie Thayer Nature Preserve a short distance from Kingsbury Woods. This hike will feature a very different view and perception of Lick Brook including rock outcrops, cliffs, and magnificent woods. The loop trail at the Thayer Preserve is about 1 mile long.

# **see you on the trail!**

## **Ithaca Urban Hike III: The Commons to South Hill Recreation Way Loop**

**April 7, 2013 (Sunday)**

- ◆ **Location:** Portions of Ithaca near The Commons, South Hill Recreation Way
- ◆ **Meeting Place:** Meet at Collegetown Bagels, 203 N. Aurora Street, Ithaca, at the corner of E. Seneca and N. Aurora Streets.
- ◆ **Meeting Time:** 10:00 am
- ◆ **Contact:** Anna Keeton, Email: annak@twcny.rr.com, Telephone: 607-351-3466

**E**njoy a brisk morning walk starting at the corner of E. Seneca and N. Aurora Streets, uphill to the South Hill Recreation Way, along a portion of the path, and back to The Commons. Total distance will be approximately 5 miles.

---

**"March of the Ides" Hike Series: Jim Schug Trail in Dryden**  
**April 13, 2013 (Saturday)**

- ◆ **Location:** Jim Schug Trail, Dryden
- ◆ **Meeting Place:** Meet Dryden Lake Pavilion picnic area at the north end of Dryden Lake, on W. Lake Rd near Chaffee Rd. Chaffee Rd is off of NY Rt. 38, 2.1 miles south of the Village of Dryden
- ◆ **Meeting Time:** 9:00 am
- ◆ **Contact:** John Andersson, Email: jandersson@twcnny.rr.com, Telephone: 607-539-7096, 607-229-6100

The second hike in this series is the Ides of April on Saturday April 13, another easy hike. Meet at the Dryden Lake parking lot at 9:00 am. We'll carpool into Dryden and pick up the Jim Schug Trail and walk to Willow Crossing, then road walk around Dryden Lake to the cars. Total distance is about 6.8 miles. Trivia question – what natural feature along the trail is named for the first poet laureate of England who was appointed this day in 1668?

**Earth Day Hike on the Cayuga Trail**  
**April 21, 2013 (Sunday)**

- ◆ **Location:** The Cayuga Trail, Varna
- ◆ **Meeting Place:** Cornell Liddell Laboratory - Freese Road. Liddell Lab is a set of beige buildings at the top of the winding part of Freese Road in Varna. To get there turn onto one end of Freese Road from NY Route 366 in Varna or onto the other end from Hanshaw Road. Liddell Lab is not the same as the Dyce Honey Bee Laboratory, which is also on Freese Road.
- ◆ **Meeting Time:** 1:00 pm
- ◆ **Contact:** Tom Reimers, Email: treimers@twcnny.rr.com, Telephone: 607-272-8679

Earth Day (April 22) marks the anniversary of what many consider the birth of the modern environmental movement. It was founded by U.S. Senator Gaylord Nelson as an environmental teach-in in 1970 and is celebrated in many countries every year. The Cayuga Trails Club will sponsor the annual Earth Day Hike on the Cayuga Trail on Sunday, April 21. This will be the 22nd year of this popular event. The Earth Day Hike will follow a 4.4-mile-long section of the Cayuga Trail and a 0.6-mile-long out-and-back trail to a breathtaking vista high above Fall Creek. All 5 miles will be hiked on beautiful natural areas of Cornell Plantations. The Cayuga Trails Club started building the Cayuga Trail in 1964 and it has been expanded several times in its history. This trail is considered one of the most beautiful foot trails on a university property. Wear sturdy footwear and bring drinking water and rain gear if needed.

**Interloken Trail: A Special Hike for Cayuga Trails Club Members**  
**May 4, 2013 (Saturday)**

- ◆ **Location:** The Interloken Trail on the Finger Lakes National Forest, Schuyler County
- ◆ **Meeting Place:** South end parking lot on Burnt Hill Rd, north of Bennettsburg and south of Wyckoff Rd
- ◆ **Meeting Time:** 9:00 am
- ◆ **Contacts:** Jennifer Wilson, Email: jennyjen2@earthlink.net, Telephone: 607-753-8641  
Marsha Zgola, Email: mmz2@cornell.edu, Telephone: 607-546-7367

Club members Marsha Zgola and Jennifer Wilson will lead this special, members-only hike along this approximately 12-mile-long trail. This hike features dense forests, open meadows, and rolling farmland, and passes by several ponds, campsites, and a lean-to. The terrain is easy and will be hiked in a slightly downward direction. Given the time of year and the miles hiked, this outing will not be for the faint-hearted, however. If a lot of snow and ice persists, snowshoes or crampons may be in order. We will proceed somewhat briskly with few and short breaks. Please dress for the time of year. We advise layering of warm but breathable garments and a daypack with raingear. Bring sufficient drinking water and a sandwich or high-energy snacks. We will leave most cars at the trail's southern end and shuttle together to begin at the north end on Parmenter Road.

The leaders could sure use a few extra sweeps and helpers to bring this hike off happily and safely. Please let one of us know if you are interested.



---

**Walk, Look, and Learn Hike #566: Birding at the Lindsay-Parsons Biodiversity Preserve**  
**May 12, 2013 (Sunday)**

- ◆ **Location:** Kingsbury Woods Conservation Area and William & Marjorie Thayer Nature Preserve, Danby
- ◆ **Carpool Meeting Place:** 8:30 am at Eastern Mountain Sports Parking Lot at 722 S Meadow St, Ithaca
- ◆ **Trailhead Location:** 9:00 am The Lindsay-Parsons Biodiversity Preserve of the Finger Lakes Land Trust is south of Ithaca on Route 34/96, 1/2 mile south of the hamlet of West Danby. The parking lot is on the east side of the road at the crest of a rise. Beware of oncoming traffic when turning into the parking lot.
- ◆ **Meeting Time:** 8:30 am at EMS or 9 am at the Preserve (see above instructions)
- ◆ **Contacts:** Tom Reimers, Email: treimers@twcnr.com, Telephone: 607-272-8679

**T**om Reimers will lead a leisurely hike on this Mother's Day through the Lindsay-Parsons Biodiversity Preserve, located in the Town of Danby, to identify birds and bird songs and calls. The preserve consists of about 510 acres of forests, meadows, brushland, streams, ponds, and other wetlands. The diverse habitats found in the preserve are home to an equally diverse variety of flora and fauna.

There are several marked trails at the Lindsay-Parsons Biodiversity Preserve, and the public is welcome to visit. Trails on the property lead to old fields, forests, Lake Coleman, and the huge beaver pond. The preserve is adjacent to Danby State Forest and is the property you see directly below Thatcher's Pinnacles on the Abbott Loop trail.

Last year, hikers heard and/or saw many species of birds. Some of the birds were ovenbird, common yellowthroat, blue-winged warbler, song sparrow, gray catbird, red-winged blackbird, scarlet tanager, prairie warbler, Baltimore oriole, brown thrasher, wood thrush, American goldfinch, black and white warbler, chestnut-sided warbler, field sparrow, and Canada goose. Besides avian friends, the group also saw two black rat snakes in the concrete-block shed on the preserve. The West Danby area has a healthy population of deer ticks, but pre-hike preparation with Backwoods Off! seems to have prevented taking many of them home last year. Tick repellent will be provided. You can preview the Lindsay-Parsons Biodiversity Preserve and other lands protected by the Finger Lakes Land Trust at [www.fllt.org](http://www.fllt.org).

Meet at 8:30 am at Eastern Mountain Sports in Ithaca or at 9:00 am at the preserve parking area one-half mile south of West Danby on NY Route 34/96 (east side; look for the large green sign). Contact Tom if you have any questions. Don't forget to bring your binoculars.

**"March of the Ides" Hike Series: Abbott Loop**  
**May 15, 2013 (Wednesday)**

- ◆ **Location:** Abbott Loop, Danby
- ◆ **Meeting Place:** Park on the shoulder at the Abbott Loop crossing on Michigan Hollow Road, about 4.0 miles south of Route 96B in Danby (click for map). The Abbott Loop crossing is 1.6 miles south of the FLT trailhead on Michigan Hollow Road.
- ◆ **Meeting Time:** 9:00 am
- ◆ **Contact:** John Andersson, Email: [jandersson@twcnr.com](mailto:jandersson@twcnr.com), Telephone: 607-539-7096, 607-229-6100

**J**oin John Andersson for this third in the monthly series of hikes called the "March of Ides". The first hike was on the Ides of March. The Ides of the month, according to the Roman calendar, is the 15th if the month has 31 days, otherwise it is the 13th. The March of the Ides will occur on (or very close) to the Ides of each month so most will be during the week. Length will vary, hopefully 5-10 miles. Check the CTC Website or contact John for updates. Please, no dogs, but do bring water, snacks/lunch and dress for the weather in layers.

This third hike in the series is the Ides of May on Wednesday, May 15. This will be a tough hike; the entire 8.3-mile Abbott Loop. Meet at 9:00 am at the trailhead on Michigan Hollow Road south of Danby hamlet. If you look at the map with the Pinnacles at the top, what Disney character does the trail track look like? The trivia question is not about Bambi, but what other major Disney character first appeared this day in 1928?

---

## And The Oscars Go To...

### Oscar Brown 2013 to Jim and Sigrid Connors

As presented on January 27, 2013 by former recipient Paul Warrender

At this time each year, the previous year's keepers of the Cayuga Trails Club Oscars begin to reflect on what the Club accomplished over the past 12 months, and which activities, or club business stood out among others. Our club is filled with many volunteers that drive club achievements; volunteers that serve as hike leaders, trail adopters, and newsletter contributors; people willing to give up a good deal of their personal time or more to organize events, build wooden bridges and puncheon, and write best-selling trail guides. There are many deserving keepers of the Oscars, and really I wish we had more than two.

For me, it was an honor to be the keeper of Oscar Brown over the past 12 months, an even bigger honor to be asked to do so, and to sign the little trail register within; a register signed by so many others over the years, whom I believe are persons who have embodied everything our club has aspired to be. Actually, I felt pretty small when placing my name on the register's page, knowing that those before me have really done so much to forge this club into what it is today.

I must also tell you how relieved I am to move Oscar Brown along to a new keeper. I was very nervous the day I brought the noted squirrel home; so much so that I confessed to my partner Robin how stressed I was over his safe keeping. You see, some time ago Oscar Brown was kidnapped by a delinquent owl. Have you heard about this? And so, Oscar Brown went missing for some time, and many feared that he may have become a tasty meal of that hungry owl. Well, the owl was hiding Brown as it happened, and Oscar Brown escaped from this scheming owl and showed up just in time for last year's annual meeting, to be given a new keeper. So....I just couldn't bear the thought of something happening to Oscar Brown again, and what it would mean in the eyes of so many....very stressful indeed. But, fortunately, the good news is that apparently the kidnapper was caught this past fall, and is now being rehabilitated. I now feel quite optimistic for both of the famous squirrels' futures.

Anyway, my selection is actually two very well known club members who will share this reward. One, our indomitable club Secretary, the other our equally indomitable club Treasurer. Their work as board officers are not why I've chosen them as our club's keepers of Oscar Brown for 2013, though their work on these responsibilities would be enough alone.

Sigrid and Jim Connors began the task of planning what would be the spectacularly successful Fall 2012 FLTC campout as far back as our February 2011 board meeting, some 19 months before! Over this time period, I watched with great appreciation all that they'd take on, in this incredibly important task of planning an event that also, by the way, served as one which we celebrated our Cayuga Trails Club's 50th anniversary! I was present during some of the discussions on where this campout would be hosted, who would cater the three day event and what the menus would be, who would be invited, what the hikes would be, who would lead the hikes, who would our special speakers be, how would people register, and what special accommodations would be required. I remember discussions on FLTC and CTC collaboration on the event, what tee shirts and other things would be sold to attendees, where each associated club would display its presentations and information, and certainly the necessary management of the finances of the whole thing. And, what I've mentioned is only part of the entire responsibility in planning such an important and highly anticipated event.

*(continued next page)*



*Above: Sigrid and Jim accept Oscar Brown as a mug shot of "the kidnappers" of 2011 watches over them.*

*Below: Jim Connors, Sigrid Connors, and Paul Warrender.  
Photos by Michael "Bodhi" Rogers.*



---

## **Oscar Brown 2013 to Jim and Sigrid Connors** (continued from previous page)

To say that the event was “successful” is an understatement. The final tally of attendees was around 110. The speakers and their subjects were engaging, the hikes went super, the delicious food was plentiful, people caught up with old friends and made new friends. The weather mostly cooperated, except for a few showers here and there. Personally, I’ve never been prouder to be a member of the Cayuga Trails Club than during that weekend, and I thank Sigrid and Jim for that. Through this event and the Connor’s efforts, once again our club exhibited its vibrancy and importance to our community.

Sigrid and Jim, on behalf of the Cayuga Trails Club and all present, I’d like to thank you for your dedication to what is worthwhile for our organization, and I wish to present you with Oscar Brown. Keep him safe!

## **Oscar Gray 2013 to Anna Keeton**

**As presented on January 27, 2013 by former recipient Karen Serbonich**

**A**s soon as I sat down after receiving this award last year, I knew who I would be passing Oscar Gray on to. This year's recipient has been a member since 2004. I first met this person, so to speak, as a blur passing by me in a faster paced hiking group. Oscar Gray’s new home will be with someone who always has a smile and a positive energy and has volunteered over the years on highway clean ups and at EMS Club Days. This year’s recipient has led numerous hikes for the Cayuga Trails Club and has enjoyed hiking with the fast group on the FLTC County hike series. Actually, a hike that was led in the fall of 2011 by this year’s Oscar Gray recipient was titled “Fast Paced Urban Hike.”

She is an active participant in club picnics, dinners and meetings and was a board “Member at Large” in 2011 and 2012. Her talents don’t end here! Some of us were the recipients of her sewing skills at the Tamarack Lean-to dedication where she donated her sewn fleece specialties to the raffle. My inside informant tells me she has sewn hiking gear and a backpack for herself, as well. Always smiling, happy, and upbeat, this year she organized 4 hikes that provided the opportunity for us to hike in Delaware County on the Finger Lakes Trail, while working towards her goal to be an End to Ender. Did we get “lost on one of these hikes?” so to speak. Did the trail we thought we were following turn into a blow down of trees, over grown masses of tall grass and multiflora rose? Did we bush whack through the woods and up a rock embankment? Yes. Were we concerned? No, because there was our leader confident and smiling that we would find our way through.

This year’s recipient’s dedication to hiking, the outdoors and trails doesn’t end with involvement with the CTC. In 2007, this year's winner was picked with her significant other by Backpacker Magazine to be part of a team to collectively map the Continental Divide Trail. Their team mapped 51.26 miles from Marshall Pass to Saguache Rd in Colorado. In 2012 she took on the responsibility as the editor of the Cayuga Trails Newsletter, has investigated options on printing and printers, which has saved the club money, and helped update the hike schedule on the web site. Comments from her peers included “we couldn’t hope for a better CTC member and Executive Committee member”, “a thoughtful contributor to Board Meeting discussions and cares deeply about the trails” and “a very deserving choice for Oscar Gray”. This year, Oscar Gray goes to Anna Keeton.



*Above: Anna Keeton and Karen Serbonich.  
Photo by Michael "Bodhi" Rogers.*

### **Mark Your Calendar**

- Sun, Mar 3 . . . . . Sagan Planet Walk. Details page 6. Leader: Anna Keeton, 607-351-3466, annak@twcny.rr.com.
- Fri, Mar 15 . . . . . "March of the Ides" Hike Series: Ides of March at East Hill Recreation Way. Details page 6.  
Leader: John Andersson, 607-539-7096, 607-229-6100, jandersson@twcny.rr.com.
- Sat, Mar 16 . . . . . Ithaca Urban Hike: The Commons to Mundy Wildflower Garden Loop. Details page 6.  
Leader: Anna Keeton, 607-351-3466, annak@twcny.rr.com.
- Sun, Mar 30 . . . . . Ithaca Urban Hike II: The Commons to Mulholland Wildflower Preserve Loop. Details page 7.  
Leader: Anna Keeton, 607-351-3466, annak@twcny.rr.com.
- Sat, Apr 6 . . . . . Walk, Look, and Learn Hike #565: Two Hikes in Two Nature Preserves. Details page 7.  
Leader: Tom Reimers, 607-272-8679, treimers@twcny.rr.com.
- Sun, Apr 7 . . . . . Ithaca Urban Hike III: The Commons to South Hill Recreation Way Loop. Details page 7.  
Leader: Anna Keeton, 607-351-3466, annak@twcny.rr.com.
- Sat, Apr 13 . . . . . "March of the Ides" Hike Series: Jim Schug Trail in Dryden. Details page 8.  
Leader: John Andersson, 607-539-7096, 607-229-6100, jandersson@twcny.rr.com.
- Sun, Apr 21 . . . . . Earth Day Hike on the Cayuga Trail. Details page 8.  
Leader: Tom Reimers, 607-272-8679, treimers@twcny.rr.com.
- Sat, May 4 . . . . . Interloken Trail: A Special Hike for Cayuga Trails Club Members. Details page 8.  
Leaders: Jennifer Wilson, 607-753-8641, jennyjen2@earthlink.net and Marsha Zgola, 607-546-7367,  
mmzz2@cornell.edu.
- Sat, May 12 . . . . . Walk, Look, and Learn Hike #566: Birding at the Lindsay-Parsons Biodiversity Preserve. Details page 9.  
Leader: Tom Reimers, 607-272-8679, treimers@twcny.rr.com.
- Sat, May 15 . . . . . "March of the Ides" Hike Series: Abbott Loop. Details page 9.  
Leader: John Andersson, 607-539-7096, 607-229-6100, jandersson@twcny.rr.com.
- All Events . . . . . Check website [cayugatrailsclub.org](http://cayugatrailsclub.org) for notices on events that take place before the next newsletter reaches your mailbox or that were not announced in this edition.



# Cayuga Trails

Newsletter of the Cayuga Trails Club  
Founded in 1962 "to explore, enjoy and preserve wild lands  
and places of natural beauty..."

May - June 2013

Spring Edition

Volume 53, Nos. 5 & 6

## Cayuga Trails Club President's Column

by Roger Hopkins



I've had a lot of fun during the past two months in my other job as CTC Webmaster, skimming through 36 years of the scanned images of past CTC Newsletters as I have been putting them on the website. Issues from 1962 to 1997 are now available from the **Archive** menu of the website, and more recent issues will be coming in the next few months. I hope that you have a chance to have a look at them.

In reading these newsletters, I am amazed at the amount of volunteer time, effort, and dedication that has gone into envisioning trails, scouting routes, building, using, and maintaining our trails, organizing and leading our hikes and social events, and administering the affairs of the club. We have also championed the preservation of natural areas and the benefits of healthful outdoor recreation through public advocacy and by opening our events to members and guests.

I am also struck by the changes that have taken place over the years even though our basic principles and mission statement have remained constant. For example, overnight trips to the Adirondacks, which were common in the early years have not been seen since the late 1980's. Canoe outings were far more frequent than they are now. There have been times when the club was concerned that there were too many hikers on our hikes, other times when not enough people were participating. The Newsletter has changed from mimeographed sheets through Selectric typewriters to word processing and desktop publishing, and much club communication is now by e-mail and website. Some of the committees no longer exist and we have a few new committees.

In an effort to try to anticipate and plan the types of changes that may be expected in the next few years, the Executive Board has agreed to the formation of a "Strategic Planning Committee." This will be an ad hoc committee that will meet three or four times during the next few months. The committee will be charged with examining our mission statement and suggesting goals and actions that will enable us to fulfill our mission with maximum efficiency and impact. As I mentioned in the previous issue of *Cayuga Trails*, it is time to think about our plans for the future, where we will focus our attention and resources and what processes we must strengthen to meet our goals. Key to our work will be involving our current members and preparing for the members in our future. You can help with this process by commenting on our discussion groups and by talking or writing to our Executive Board members. And best of all, join this new committee and become a part of shaping the future of the Cayuga Trails Club. Please contact me directly at [roger@naturalhighs.net](mailto:roger@naturalhighs.net) if you have questions or want more information.

### **"Thank You" to Our Trail Land Owners**

*Please accept the appreciation of the Cayuga Trails Club Board members for your continuing permission to route local trails through your property. Perhaps your trail's caretaker has said so directly. Please know that we are all grateful for the privilege of enjoying your backwoods, streams, and fields. On behalf of all hikers and Cayuga Trails Club members, we acknowledge that, without your generosity, we would simply never have a continuous trail to enjoy in our local area.*

---

## **Creators of the Abbott Loop Leave Tompkins County: Cliff and Doris Abbott Leave Their Mark on the Finger Lakes Trail**

by Gary Mallow

**Y**ou may never have met them. They haven't been deeply involved in Cayuga Trails Club (CTC) events for a few years, and their long-distance hiking days are behind them. But if you've hiked the Abbott Loop, or pretty much any other section of the Finger Lakes Trail (FLT) in Tompkins or Schuyler Counties, you owe them a debt of gratitude. I am talking about Cliff and Doris Abbott, pioneers of the trail as we know it today and leaders of the Cayuga Trails Club. They are planning to leave Tompkins County around Memorial Day and they leave a long list of accomplishments.

Cliff and Doris are from Massachusetts, moved to the Ithaca area from Pennsylvania in 1973, and joined the CTC a year later. They are remembered for taking on a number of leadership roles over the years. Cliff was President of the CTC for a year and Treasurer for ten years. He was elected to the Finger Lakes Trail Conference Board of Managers for several terms. Doris was President of the CTC from 1991 to 1993, Chair of the Walk, Look, and Learn Committee several times, and Chair of the Membership Committee for about five years. They were both elected to the North Country Trail Association Board of Directors in 1988 and served two terms. For their many days of unflinching devotion to hiking and trail work, they received the FLTC Clar-Willis Distinguished Trail Volunteer Award in 2003. It was well deserved.

Cliff and Doris started maintaining sections of the main FLT in 1978, and eventually assumed maintenance of over sixteen miles of trail from Route 96B in Danby, all the way to Shady Corners in Newfield (where Routes 13, 34, and 96 diverge). Weekends were often spent hiking other sections, and when they saw overgrown trail, they went back to fix it. At first this was done with hand tools - weed whips and loppers. Later, they used power tools, a chainsaw and a power brush cutter. That improved their efficiency, and their trail maintenance really took off from there. Cliff forged ahead and did the cutting, Doris followed and threw debris off the trail. "We thoroughly enjoyed it," said Cliff. "It was hard work," said Doris, "but I liked hiking on a good trail." At some point along the way, Doris set a standard. Cliff described it this way: "The trail tread itself was supposed to be this wide," he said, holding his hands about eighteen inches wide, "and then we cut back another four feet or so." The objective was to keep the brush from encroaching between maintenance sessions. Later, North Country Trail standards were established that weren't so far from what Doris envisioned back in 1978.

The Abbott Loop is among the top of their list of accomplishments; soon after it was cleared and blazed, hikers gravitated to the Loop, which features a very nice view of Inlet Valley from The Pinnacles. Planning for the Abbott Loop began in 1980s, and it began, of course, with a hike. The hike was to be about eight miles long in a northeast section of Danby State Forest. They went out with compass in hand and strips of cloth to mark their way on what appeared to be a halfway decent bushwhack. So many people told them they really enjoyed the hike and thought it would make a good trail, that the wheels started turning. Betty Lewis, serving as CTC President, urged the Abbotts to build a loop trail. Doris obtained a map showing old logging roads in the state because the DEC Foresters insisted the new trail - if there was going to be a trail at all - stay on roads, or use the perimeter of the forest. The problem was that much of the perimeter is swamp. It took approximately two years of negotiation with the foresters before a trail route was approved in 1991. Doris, Cliff, and other CTC members began working on the Loop as soon as permission was obtained. The Abbott Loop, one of the most beautiful sections of trail on the entire FLT, was opened with a ribbon-cutting ceremony in October of 1992.

Another invaluable contribution is that the Abbotts housed the CTC tool cache in their garage for at least 20 years. During my tenure as Trails Chair, it was incredibly convenient to go to the garage, less than a mile from the nearest trail-head, for whatever tools or materials I needed for the project of the day, and returning that evening or the next day. This was an act of generosity towards hikers that was appreciated by several Trails Chairs, and will be missed.

The Abbott's personal hiking achievements include being End-to-Enders on both the FLT and The Long Path, hiking sections of the Appalachian Trail and both the South Rim and the North Rim of the Grand Canyon. They have



*Cliff and Doris Abbott with their daughter-in-law Marli, at the falls in lower Treman State Park.*



*(continued on page 15)*

---

## 2013 CTC Board Members

President.....	Roger Hopkins	Membership.....	Suzanne Cohen
Vice-President.....	David Priester	Social.....	Marsha Zgola
Secretary.....	Sigrid Connors	Trails.....	Paul Warrender
Treasurer.....	Jim Connors	Newsletter.....	Anna Keeton
Members at Large.....	Barbara Nussbaum	Archives/Historian.....	Barbara Morley
	Micheline Zion	Publicity.....	Carol Mallison
Walk, Look & Learn Hikes.....	Carol Mallison	Adopt-A-Highway.....	David Priester
Finance.....	John Andersson	IT/Website.....	Roger Hopkins
Guide Book.....	Lincoln Brown	Landowner Relations.....	Peter Mark

## Welcome New Cayuga Trails Club Members by Suzanne Cohen

### Aurora

Cooper Arnink

### Ithaca

Christi Diamond

### Newfield

Rick Bonney  
Gina White

### Spencer

Ronda Roaring

### Trumansburg

Chris, Amy, Grace, and Claire  
Olney  
Richard Stephens  
Richard Ezra Delaney

## Hike Reports

### Let's Go Sledding - NOT!

- ◆ **Date:** Saturday, February 23, 2013
- ◆ **Location:** Cornell Plantations, Ithaca
- ◆ **Leaders:** Carol Mallison

Three CTC members were disappointed that winter failed to provide enough snow for sledding. However, a walk around the Plantations rewarded us with many signs of spring, like dandelions in bloom. We were mesmerized as a pileated woodpecker searched for bugs up and down giant White Pine. What snow there was looked like sponge cake and we could scarcely identify the multitude of animal tracks crisscrossing its surface. It was fun to ring the enormous gong at Newman Overlook. Briefly, we joined ranks with two more CTC members passing by us at a much brisker pace. Walking under deep grey skies, we were grateful to finish our adventure just as the threatening clouds finally gave way to rain and sleet. All in all, the Plantations provided interesting things to see and explore.

### Sagan Planet Walk

- ◆ **Date:** Sunday, March 3, 2013
- ◆ **Location:** Sagan Planet Walk, Ithaca
- ◆ **Leaders:** Anna Keeton

Six CTC members participated in this snow-covered walk along a scale model of our solar system, from The Commons to The Sciencenter and back. After meeting at Collegetown Bagels, the group walked to the Sun, just outside Center Ithaca, to start the Sagan Planet Walk. Mercury, Venus, Earth, and Mars are along what is known as "bank alley", the asteroids are in front of Tompkins Trust, and Jupiter is in front of The Moosewood on E. Seneca Street. Saturn is at the old Library building on Cayuga Street, Uranus is near the gazebo in Thompson Park, and Neptune is along the paved pathway in Conley Park between Adams and Franklin Streets. Pluto, reclassified as a dwarf planet several years ago, is along Franklin Street behind The Sciencenter, and the relatively new Alpha Centauri display is on the west side of the building. Each educational station added to the enjoyment of a winter morning walk.

---

## **March of the Ides: Ides of March at East Hill Recreation Way**

- ◆ **Date:** Friday, March 15, 2013
- ◆ **Location:** East Hill Recreation Way, Ithaca
- ◆ **Leaders:** John Andersson

Six CTC members met at the East Ithaca Recreation Way parking area on Snyder Hill Road on Friday, March 15, 2013 at 10:00 am. We took off southeasterly on the EIRW to its end at Park Lane, made our way through Eastern Heights to Hungerford Road where we enjoyed the view of Cayuga Lake and campus towers. We continued to Ellis Hollow Road then walked cross-lots over frozen fields to Game Farm Road, then north to the EIRW connection. We hiked parallel to Cascadilla Creek, crossing it at Judd's Falls, turning south again to Maple Avenue, then west and south along the EIRW to Honness Lane, then east back to the parking area. The total distance was just over 5 miles; we finished at noon. Four of us retired to Collegetown Bagels in the East Hill Plaza for lunch. The weather cooperated, staying just below freezing but calm; a few snowflakes fell as we finished the hike. We saw a perched Redtail hawk, two male Cardinals on the ground, and even though I distinctly asked for "no dogs, please" one joined us for the last half-mile begging to be played with. The answer to the trivia question- what natural feature along the trail reminds us of one of Caesar's assassins – was Cascadilla Creek. Casca was one of Caesar's assassins.

### **Ithaca Urban Hike**

- ◆ **Date:** Saturday, March 16, 2013
- ◆ **Location:** The Commons to the Cayuga Trail Loop
- ◆ **Leader:** Anna Keeton

Three members, one guest, and one energetic dog hiked this city loop. The route started at The Commons, went uphill to the western start of the Cayuga Trail on the Stewart Avenue Bridge, continued around Beebe Lake and through the Mundy Wildflower Garden, then returned along a short, mostly flat trail adjacent to Cascadilla Creek through the Cornell University Campus, and down the trail on the upper north rim of the Cascadilla Creek Gorge at the edge of the charming Cascadilla Park neighborhood. One highlight was seeing the hawk nest midway up the cliff that is visible from the Stewart Avenue Bridge over Fall Creek.

### **Ithaca Urban Hike II**

- ◆ **Date:** Saturday, March 30, 2013
- ◆ **Location:** The Commons to Mulholland Wildflower Preserve Loop
- ◆ **Leader:** Anna Keeton

Two members enjoyed this hike on a sunny that started at The Commons, went uphill on East Seneca Street through the East Hill Historic District, looped through the Mulholland Wildflower Preserve at the Six Mile Creek Natural Area, and returned on the pedestrian bridge over Six Mile Creek. Interesting sites of the Historic District include the house where the Ithaca Conservatory of Music rented 4 rooms in the early 1890's, the house that used to be the Hinckley Foundation Museum, the former Sage Family Enclave, the former East Hill School that is now cooperative apartments, and the old mill at the Giles Street dam.

\*\*\*\*\*

***Cayuga Trails* is published six times a year and is edited and published by Anna Keeton. Comments and original contributions are welcome. Deadline for the Summer edition is June 15, 2013. Send contributions to [newsletter@cayugatrailsclub.org](mailto:newsletter@cayugatrailsclub.org). Visit the Cayuga Trails Club website at [www.cayugatrailsclub.org](http://www.cayugatrailsclub.org).**



---

## Walk, Look, and Learn Hike #565: Two Hikes in Two Nature Preserves

- ◆ **Date:** Saturday, April 6, 2013
- ◆ **Location:** Kingsbury Woods Conservation Area and Thayer Nature Preserve, Town of Danby, Tompkins County
- ◆ **Leader:** Tom Reimers

Beautiful sunshine and 45 degrees—wonderful conditions for a morning hike...or two! Ten happy hikers joined Tom Reimers to enjoy two nature preserves owned and protected forever by the Finger Lakes Land Trust. The first hike was at Kingsbury Woods Conservation Area off Jersey Hill Road. This easy hike looped around the preserve for about one and a half miles over gentle terrain. Hikers twice crossed the narrow upper reaches of Lick Brook. This nature preserve was hit hard by a tornado on April 27, 2011. Damage to Kingsbury Woods is still obvious two years later and very interesting to see.

The second hike was at the William and Marjorie Thayer Nature Preserve off Town Line Road, a short distance from Kingsbury Woods. This hike featured a very different view and perception of Lick Brook with gorges, rock outcrops, cliffs, and magnificent woods.

The hike on the loop trail at the Thayer Preserve was about 1 mile long.



*Hikers at the Thayer Nature Preserve at Lick Brook*

## Ithaca Urban Hike III

- ◆ **Date:** Sunday, April 7, 2013
- ◆ **Location:** The Commons to South Hill Recreation Way Loop
- ◆ **Leader:** Anna Keeton

Three members enjoyed this brisk, 2-hour walk from The Commons, along a portion of the South Hill Recreation Way, and back. This path is a popular urban trail in Ithaca, and is used throughout the year by hikers, runners, bicyclists, cross-country skiers, and folks out for a leisurely stroll.

## March of the Ides #2: Jim Shug Trail and Dryden Lake

- ◆ **Date:** Saturday, April 13, 2013
- ◆ **Location:** Jim Shug Trail and Dryden Lake
- ◆ **Leader:** John Andersson

Two CTC club members met at the Dryden Town Park at Dryden Lake on Saturday, April 13, 2013. We drove to Main Street and took our picture at the Jim Shug Trail sign and walked to its end at Willow Crossing (4 miles) then returned via road walk around Dryden Lake to the park, about 6.8 miles total. We burned through this flat hike in 2.5 hours. Despite the cloudy weather, we had no rain and no mud! We saw a few geese and diving birds we couldn't identify on the water, met a couple of joggers and walkers on the trail, and almost met a wayward orange golf ball in front of the Dryden Lake Golf Club. We lunched at the Dryden Hotel since we finished just in time. The answer to the trivia question- what natural feature along the trail is named for the first poet laureate of England appointed this day in 1668 – is of course Dryden Lake.



*Roger Hopkins and John Andersson*

---

## Upcoming Hikes and Other Events

### Volunteers for Chestnut Lean-to Replacement - Phase 2 May 10 - May 12, 2013 (Friday - Sunday)

- ◆ **Location:** Chestnut Lean-to (FLT Map 17), Danby
- ◆ **Carpool Meeting Place at 8:30 a.m.:** Eastern Mountain Sports parking lot, 722 S. Meadow Street, Ithaca. This is located in the Tops Plaza.
- ◆ **Meeting Place at 8:45 a.m.:** Park on the shoulder at the FLT trailhead on Bald Hill Road near Comfort Road, 2 miles south of Route 96B in Danby.
- ◆ **Contact:** Paul Warrender, Email: paul.warrender@yahoo.com, Telephone: 401-439-8285

The Chestnut Lean-to will be replaced this year with a new lean-to and volunteers are needed to help deconstruct, disperse/modify for reuse natural materials, and haul other materials such as old roofing and nails to the access path entrance on Bald Hill Road. Previous trail work experience is not required. Volunteers may bring and use their own tools, however we will provide all tools needed (hammers, sledge hammers, roofing spades, nail pullers, handsaws, drills). Work gloves and hard hats will be provided if and when needed. Wear clothing suitable for the job, and work or hiking boots. Volunteers should bring their own water, trail snacks, and lunch. Contact Paul Warrender in advance (see email and phone number above) if possible so that tools and protective equipment may be on hand for each volunteer. Looking forward to seeing plenty of Cayuga Trails Club volunteers for this project!

Some parts of this project may be considered inherently hazardous, and therefore some rules for volunteers will apply:

- No dogs allowed at the work-site
- The project manager will require proper footwear: leather boots or hiking boots are permitted. Sneakers, trail runners, hiking shoes, open toed footwear will not be permitted.
- Volunteers working directly on the deconstruction of the lean-to structure will be required to wear a hard hat, which will be supplied by the project manager.
- Volunteers should meet at the Eastern Mountain Sports parking lot at 8:30 am each morning (see address above). Volunteers may also meet directly at the Bald Hill Road worksite (see directions above).

### Walk, Look, and Learn Hike #566: Birding at the Lindsay-Parsons Biodiversity Preserve May 12, 2013 (Sunday)

- ◆ **Location:** Lindsay-Parsons Biodiversity Preserve of the Finger Lakes Land Trust, Town of Danby
- ◆ **Carpool Meeting Place at 8:30 a.m.:** Eastern Mountain Sports parking lot, 722 S. Meadow Street, Ithaca.
- ◆ **Meeting Place at 9:00 a.m.:** Meet at the Preserve, south of Ithaca on Route 34/96, 1/2 mile south of the hamlet of West Danby. The parking lot is on the east side of the road at the crest of a rise. Beware of oncoming traffic when turning into the parking lot.
- ◆ **Contact:** Tom Reimers, Email: treimers@twcny.rr.com, Telephone: 607-272-8679

Tom Reimers will lead a leisurely hike on this Mother's Day through the Lindsay-Parsons Biodiversity Preserve, to identify birds, bird songs, and calls. The preserve consists of about 510 acres of forests, meadows, brush, streams, ponds, and other wetlands. The diverse habitats found in the preserve are home to an equally diverse variety of flora and fauna. There are several marked trails at the Lindsay-Parsons Biodiversity Preserve, and the public is welcome to visit. Trails on the property lead to old fields, forests, Lake Coleman, and the huge beaver pond. The preserve is adjacent to Danby State Forest and is the property you see directly below Thatcher's Pinnacles on the Abbott Loop trail.

Last year, hikers heard and/or saw many species of birds, including ovenbird, common yellowthroat, blue-winged warbler, song sparrow, gray catbird, red-winged blackbird, scarlet tanager, prairie warbler, Baltimore oriole, brown thrasher, wood thrush, American goldfinch, black and white warbler, chestnut-sided warbler, field sparrow, and Canada goose. You can preview the Lindsay-Parsons Biodiversity Preserve and other lands protected by the Finger Lakes Land Trust at [www.fllt.org](http://www.fllt.org). Contact Tom with any questions and bring your binoculars.

---

**"March of the Ides" Hike Series: Abbott Loop**  
**May 15, 2013 (Wednesday)**

- ◆ **Location:** Abbott Loop, Danby
- ◆ **Meeting Place:** Trailhead on Michigan Hollow Road. Park on the shoulder at the Abbott Loop crossing on Michigan Hollow Road, about 4.0 miles south of Route 96B in Danby. The Abbott Loop crossing is 1.6 miles south of the FLT trailhead on Michigan Hollow Road.
- ◆ **Meeting Time:** 9:00 a.m.
- ◆ **Contact:** John Andersson, Email: jandersson@twcny.rr.com, Telephone: 607-539-7096, 607-229-6100

Join John Andersson for a monthly series of hikes called the "March of the Ides". The Ides of the month, according to the Roman calendar, is the 15th if the month has 31 days, otherwise it is the 13th. The March of the Ides will occur on (or very close) to the Ides of each month so most will be during the week. Length will vary, hopefully 5-10 miles. Check the CTC Website or contact John for updates. Please, no dogs, but do bring water, snacks/lunch and dress for the weather in layers.

This third hike in this series is the Ides of May on Wednesday, May 15. This will be a tough hike; the entire 8.3-mile Abbott Loop. Trivia question- if you look at the map with the Pinnacles at the top, what Disney character does the trail track look like? The trivia question is not about Bambi, but what other major Disney character first appeared this day in 1928?

**Walk, Look, and Learn Hike #567: Snakes, Salamanders, Newts, and Frogs at the William and Marjorie Thayer Nature Preserve at Lick Brook**  
**May 25, 2013 (Saturday)**

- ◆ **Location:** William and Marjorie Thayer Nature Preserve at Lick Brook
- ◆ **Meeting Place:** Eastern Mountain Sports (EMS) Parking Lot, 722 South Meadow St, Ithaca
- ◆ **Meeting Time:** 9:00 a.m.
- ◆ **Contact:** Tom Reimers, Email: treimers@twcny.rr.com, Telephone: 607-272-8679

It's amazing what can be found in our nearby forests and streams, if we look carefully in unusual places. Tom Reimers will lead a short hike along Lick Brook with abundant frogs, snakes, salamanders, newts, and toads. The area is part of the beautiful and rugged nature preserve owned by the Finger Lakes Land Trust.

Tom will help participants search for these beautiful creatures, identify them, and describe their interesting lives. Last year on this hike, 73 individuals from nine different species of herpetofauna were found in a two-hour period of looking under rocks and tree trunks. They included American toads, green frogs, a wood frog, red-backed salamanders, dusky salamanders, spring salamanders, eastern newts (a.k.a. red efts), and two-lined salamanders. If you want to prepare for this outing, borrow or buy *The Amphibians and Reptiles of New York State: Identification, Natural History, and Conservation* by James P. Gibbs, Alvin R. Breisch, Peter K. Ducey et al. (Oxford University Press, 2007). Bring rain gear if needed, drinking water, a snack, and appropriate footwear for climbing steep, rocky hillsides, and a streambed. Contact Tom with any questions.

**Watkins Glen State Park**  
**June 8, 2013 (Saturday)**

- ◆ **Location:** Lower and Upper trails in Watkins Glen State Park
- ◆ **Meeting Place:** Eastern Mountain Sports (EMS) Parking Lot, 722 South Meadow St, Ithaca
- ◆ **Meeting Time:** 8:15 a.m.
- ◆ **Contacts:** Joyce Noonan Email: joycenoonan14@aol.com Telephone: 607-898-3202

Enjoy a moderate hike in the first designated state park of the Finger Lakes. We will cover lower and upper trails of Watkins Glen and go through the cemetery to the Seneca Lake vista. We will finalize the hike by walking or driving up Main Street to the renowned Wildflower Pub for a summer drink and light lunch if you prefer. Wear sturdy walking shoes or hiking shoes and bring water. Contact Joyce with any questions.

---

**"March of the Ides" Hike Series: Interloken Trail**  
**June 13, 2013 (Thursday)**

- ◆ **Location:** Interloken Trail, Finger Lakes National Forest
- ◆ **Carpool Meeting Place at 8:00 a.m.:** Eastern Mountain Sports (EMS) Parking Lot, 722 South Meadow St, Ithaca
- ◆ **Meeting Place at 8:30 a.m.:** The Interloken Trail, South end parking lot on Burnt Hill Road, north of Bennettsburg and south of Wyckoff Road, Schuyler County
- ◆ **Contact:** John Andersson, Email: jandersson@twcny.rr.com, Telephone: 607-539-7096, 607-229-6100

**J**oin John Andersson for a monthly series of hikes called the "March of the Ides". The Ides of the month, according to the Roman calendar, is the 15th if the month has 31 days, otherwise it is the 13th. The March of the Ides will occur on (or very close) to the Ides of each month so most will be during the week. Length will vary, hopefully 5-10 miles. Check the CTC Website or contact John for updates. Please, no dogs, but do bring water, snacks/lunch and dress for the weather in layers.

This fourth hike is the Ides of June on Thursday, June 13. This is a moderately tough to tough hike along the Interloken Trail. Meet at 8:30 am at the Forest Service parking lot off Burnt Hill Road ½ mile south of Wyckoff Road. We can decide where to start the hike and spot cars, but I'd like to hike the entire 12 miles. Trivia question- this trail reminds us of what Beatles single that became #1 this day in 1970?

**Waterfall Hike Series - Hike 1: Robert H. Treman State Park Upper Gorge**  
**June 25, 2013 (Tuesday)**

- ◆ **Location:** Upper portion of Robert H. Treman State Park
- ◆ **Meeting Place:** Treman State Park upper parking lot off of NY Route 327. The parking fee collection booth is frequently closed after 6:00 p.m.
- ◆ **Meeting Time:** 6:05 p.m.
- ◆ **Contact:** Carol Mallison Email: gimmechocolate@twcny.rr.com Telephone: 607-564-3396

**E**njoy an evening hike through the spectacular gorges of Upper Treman State Park. We'll walk the loop trail, passing through magnificently carved natural canyons, and getting up close and personal with the 115-foot Lucifer Falls. This is easily one of the most impressive and inspiring trails. Contact Carol with any questions.

**Adopt-a-Highway Cleanup**  
**June 26, 2013 (Wednesday)**

- ◆ **Location:** Upper portion of Robert H. Treman State Park
- ◆ **Meeting Place:** Cornell University B-Lot parking lot, NW of Route 366 and Caldwell Road intersection (formerly 'O-lot'). Enter the lot from Campus Road and then go to the southeast corner of the lot closest to the Route 366 and Caldwell Road intersection. Weekends and evening only with no Cornell parking permit.
- ◆ **Meeting Time:** 6:00 p.m.
- ◆ **Contact:** David Priester Email: dpriester1@twcny.rr.com Telephone: 607-280-5074

**J**oin us to help clean up our adopted section of Route 366. Bring work gloves. We'll provide trash bags, safety vests, and spear poles. You need have no prior experience; you'll be matched up with a partner and will be assigned a section to clean up. This is a fine way to donate some volunteer effort to the club, particularly if you are not involved in trail maintenance or other committee activities. It usually takes a bit over one hour. Contact David with any questions.

**See you there**

---

## **Walk, Look, and Learn Hike #568: Let's Go Bushwacking**

**July 6, 2013 (Saturday)**

- ◆ **Location:** Roy Park Nature Preserve, Irish Settlement Road, Town of Dryden, Tompkins County
- ◆ **Meeting Place:** East Hill Plaza parking lot at the corner of Ellis Hollow Rd. and Pine Tree Rd. Park near the Ellis Hollow Rd. entrance in Ithaca
- ◆ **Meeting Time:** 9:00 a.m.
- ◆ **Contact:** Tom Reimers, Email: treimers@twcny.rr.com, Telephone: 607-272-8679

The Roy Park Preserve consist of 224 acres of beautiful forests, abandoned fields, and interesting wetlands hosting a great blue heron rookery. The preserve borders Hammond Hill State Forest, Yellow Barn State Forest, and the Cornell University's Slaterville 600 Natural Area. We will begin our adventure by hiking on a well-marked trail from the south parking area to a beautiful junction of Six Mile Creek and a small tributary. From this point we will bushwhack where there are no existing trails. We may try to cross Six Mile Creek if the water level is not too high. Our hike will end at a wheel-chair accessible boardwalk and bridge built last winter. A viewing platform overlooks Six Mile Creek and the heron rookery from a distance. The total hike will be about 3 miles. Bring drinking water and wear comfortable hiking boots. The terrain where we will bushwhack is hilly and rocky. Contact Tom with any questions.

## **International Loop**

**July 13, 2013 (Saturday)**

- ◆ **Location:** International Loop and portions of the Finger Lakes Trail
- ◆ **Meeting Place:** NY Route 38 to Daisy Hollow Rd. This intersection is approximately 5 miles south of Dryden, and just north of Harford. Turn onto Daisy Hollow Rd in a northerly direction for approx 3.1 miles till you reach the second ('northern') FLT trailhead near Carpenter Hill Rd.
- ◆ **Meeting Time:** 10:00 a.m.
- ◆ **Contact:** Phil Dankert Email: pdankert@twcny.rr.com Telephone: 607-257-2578

Phil Dankert will lead this hike on the International Trail which combines the Swedish Loop Trail, the Spanish Loop Trail, and portions of the FLT. The hike starts on the FLT, traversing a spectacular hemlock forest with plenty of stream views. The Swedish Loop Trail branches off from the FLT; it continues in the hemlock forest. After approximately 1.3 miles we will rejoin the FLT. Along the way hikers will pass the International Mine, which is quite safe to explore. It is marked by a red dot on one of the white blazes and a small cairn. Soon we will arrive at the Spanish Loop Trail, which passes through a variety of terrain -- including a Norway spruce forest, mossy springs, and an evergreen tree farm that now going back to nature-- before reconnecting with the FLT.

## **"March of the Ides" Hike Series: Robert H. Treman State Park**

**July 15, 2013 (Monday)**

- ◆ **Location:** Robert H. Treman State Park
- ◆ **Carpool Meeting Place at 8:00 a.m.:** Eastern Mountain Sports (EMS) Parking Lot, 722 South Meadow St, Ithaca
- ◆ **Meeting Place at 8:45 a.m.:** FLT trailhead and FLLT Sweedler Preserve at Lick Brook, Lower Entrance access. Use the DOT parking lot off of the NORTHBOUND lane of NY Route 34/96 in the NY Route 13 and 34/96 interchange, about 4 miles south of Ithaca. If coming from the north, go through the interchange on Route 34/96 toward Spencer and then use the marked U-Turn immediately after the underpass to go back north. If coming north on Route 13, you must cut through to 34/96 on Decker Rd. and then turn left onto 34/96.
- ◆ **Contact:** John Andersson, Email: jandersson@twcny.rr.com, Telephone: 607-539-7096, 607-229-6100

Join John Andersson for a monthly series of hikes called the "March of the Ides". This fifth hike in the series is the Ides of July, Monday, July 15, a medium tough loop hike through the Robert H. Treman State Park. We will hike up to Woodward Road on the Park Trails and return along the Finger Lakes Trail, distance about 7.4 miles. Please, no dogs, but do bring water, snacks/lunch and dress for the weather in layers. Contact John with any questions.

---

**Waterfall Hike Series - Hike 2: Taughannock Falls State Park**  
**July 16, 2013 (Tuesday)**

- ◆ **Location:** Taughannock Falls State Park
- ◆ **Meeting Place:** Taughannock Falls State Park gorge parking area on west side of NY Route 89.
- ◆ **Meeting Time:** 6:05 p.m.; the parking fee collection booth is frequently closed after 6:00 p.m.
- ◆ **Contact:** Carol Mallison Email: [gimmechocolate@twcny.rr.com](mailto:gimmechocolate@twcny.rr.com) Telephone: 607-564-3396

**E**xperience Taughannock Falls from above and below! This 215-foot-high waterfall is higher than Niagara Falls by 31 feet. We'll hike upper Taughannock, and if time permits, we'll also walk the half-mile trek into the gorge itself to view the falls from below. This part of the hike may inspire a little wading in the creek bed over the water-smoothed Tully limestone. Contact Carol with any questions.

\*\*\*\*\*

**Upcoming Events With the Finger Lakes Trail Conference**  
**Taken from the FLTC website**

**T**he Finger Lakes Trail Conference organizes events throughout the year, so keep that in mind when filling up your calendar. Here is a summary of a few of their upcoming events; check the FLTC website [www.fingerlakestrail.org](http://www.fingerlakestrail.org) for all details and updates.

Wally Wood Spring Hike on May 25, 2013: Rainbow Hike on FLT Map 19 in Cortland County

The Rainbow Hike is 9.4 miles and will include the following trails: Lithuanian Loop, Irish Loop, FLT, Dabes Diversion, Kuzia Cutoff, and a portion of Cortright/O'Dell Road. The hike will also honor Joe Dabes's contributions to the FLTC, since the first and last few miles of the hike will be on land that Joe owns, while the rest of the hike will be on trails that Joe maintains. Go to the FLTC website [www.fingerlakestrail.org](http://www.fingerlakestrail.org) for hike details .

Wally Wood was the founding president of the Finger Lakes Trail Conference. He was a long distance hiker living in Rochester when he organized existing hiking clubs in 1962 at Keuka College forming the Finger Lakes Trail organization. The Annual Wally Wood Hike honors his memory.

Ed Sidote Summer Hike on July 27, 2013: FLT Map 23 in Chenango County

This hike, held each summer, honors Ed Sidote, Mr. End-to-End of the Finger Lakes Trail. Ed is End-to-End #3 and he has inspired many hikers to follow in his footsteps. Read more about Ed 'Happy Hiking' Sidote and get the hike details on the FLTC website.

FLTC Fall Campout 2013

The annual FLTC Fall Campout is three days of hikes and two evening programs. This year, the Fall Campout will be October 4 -6 at Camp Amahami in Sanford, NY. Save the dates now and monitor the FLTC website for details.

2013 Sampler Hike Series: "Hiking 101"

The 4th annual "Hiking 101" Hike Series will be four guided hikes geared towards the novice hiker, who may have little or no actual hiking experience. This year's series will take place in Steuben County along some of the Bristol Hills branch of the Finger Lakes Trail. These hikes are considered easy to moderate, and will vary from 4.9 to 6.2 miles. Each hike will begin with meeting at the end point, then buses will transport you to the beginning point. Experienced hike leaders and "sweeps" will guide the group along the trail, ending back at the cars. Most hikes will have a "sag wagon" strategically placed at crossroads with water and snacks. Registration is required and will be limited, so be sure to sign up early. Dates, details, and registration form available on the FLTC website.

---

## Cayuga Trails Club Membership List 2013

Tear out and save these pages

All area codes are 607 unless indicated otherwise. Asterisk (\*) indicates Charter Member. Plus (+) indicates Life Member.

Please report corrections to Suzanne Cohen, Membership Committee chairperson, at (607)272-5461 or [sac29@cornell.edu](mailto:sac29@cornell.edu).

This list indicates new members and membership renewals as of April 15, 2013. You can still renew at <http://cayugatrailsclub.org/join/>

Abbott, Doris & Cliff  
Andersson, John & Luanne  
Arnink, Kathleen  
Arnink, Cooper  
Bavis, Gene and Liz Place  
Beal, Janice E.  
Bergmark, William & Donna  
Bernstein, Jonathan  
Bliss, Bill  
Boehm, Andy  
Bonney, Rick  
Bordonaro, Becky  
Bouton, Mark  
Brancato, Vito and Ben  
  
Breslin, Richard  
\*+ Burnett, Carol & Dave  
Burns, Elsie U.  
+ Cadbury, Joel  
+ Cassel, Edith  
+ Cohen, Suzanne and Phil Davis  
  
+ Connors, Sigrid & Jim  
  
Cook, Joseph  
Coppard, Bill  
Coppola, Marcus and Amy  
Corey, Liz  
Cowen, Maureen and Dale Baker  
Culver, Norman and Olivia  
  
Cunningham, Linda and Heidi Fearn  
Cutter, Bruce  
Dabes, Joe and Kathy Brennan  
Dankert, Philip  
Darling, Mark  
Darlington, Betsy  
Darrow, Frank & Catherine  
deBoer, Tob & Joan  
Delaney, Richard Ezra  
Demo, Bill & Sarah  
DeWolfe, Kathie  
Diamond, Christi

Dick, Richard & Delores  
Donovan, Joseph  
Duffy, Pamela  
Eaton, Steven  
Emerson, Nancy and Roy Luft  
Endresen, Bob Crowley and Janice  
Engle, Michael  
+ Engman, Herb  
Every, Thomas  
Fairand, Kathy and Kevin  
Ferber, Martha  
+ Frank, Linda and Len Cohen  
Friedman, Ken and Barbara  
Fulton, Roger  
+ Gaeta, Paul & Vicky  
Garcia, Diana  
Glenn, Matthew and Liz Martin  
Golden, Patricia  
Gray, Gayle and James Gustafson  
Green, Eloise  
Grossman, Rick  
Hansen, Betty  
\*+ Harriott, Peter and James Harriott  
Harris, Beth  
Herrick, Marcia  
Hesse, Stephen  
+ Hopkins, Roger and Ruth  
Isacks, Bryan  
Jander, Lucia  
Johnson, Gary  
Kardon, Marsha and Fred  
  
Kazarinoff, Michael and Holly  
  
+ Keeton, Anna and Michael Rogers  
Klein, Dan  
Klepack, Bill & Carol  
Komor, Irene and Leo Tohill  
Kooperman, David & Denise  
Kristensen, Terry  
+ Kusch, Meredith and John  
Guckenheimer  
Lambert, Hilary  
Landau, Steve  
Lawrence, Gregory  
Lee, Gundy  
Leso, Laura  
London, Howard  
+ Loomis, Linda



Ludders, John and Kathy  
Lunine, Jonathan  
Lyman, Gail and Nathan  
Lymberis, Gwyneth  
Maginnity, Kate and Ken Dalle  
+ Mahon, Elizabeth  
+ Mallison, Carol  
Mallow, Gary  
Manzella, Fran & Fred  
+ Marks, Lawrence  
+ Marks, Peter and Beth  
Marquardt, Charles  
Marsh, David  
Mattice, Linda D.  
  
Maxwell , Eileen & Richard  
McGory, Jack  
Merrill, Susan  
Meyer, June  
  
+ Meyers-Wallen, Vicki  
Miller, Peter J.  
Mills, Harold and Sabrina Johnston  
  
+ Miner, Todd  
Monahan, Pat  
+ Moore, Justin and Stephanie  
Morley, Barbara and John Chamberlain  
Morris, John A.X.  
Noonan, Joyce  
Norvell, Wendell (Bud)  
Nussbaum, Michael & Barbara  
  
Nuzzo, Victoria  
O'Connor, Deborah and Peter Lepage  
Olney Family  
  
Peterman, P.J.  
Priester, David  
Reimers, Tom  
Roaring, Ronda  
Rosebrook, Marybeth  
Ross, Kathy  
Rueckheim, Jack and Joan Jedele  
Rumsey, Paul  
Rundle, Jim  
Saha, Surya  
Savishinsky, Joel  
Schattscheider, Sue and Jeff True  
  
Schurman, Dave & Jean

---

Schwinge, Sigi  
+ Sciarabba, Andy, Bonnie, and Ryan  
Scott , Danny & Kristin  
Serbonich, Karen  
Shulman, Myra  
Sidote, Edward  
+ Siegel, Varya and Chris Proulx  
  
Silberman, Peter  
Sjamaar, Reyer  
Calvin D. Smith Family  
Spellman, Caroline  
Steinhart, Gail and Joe McMahon  
  
Stephens, Richard  
Stevenson, Wendy  
Straight, Clara  
Strickland, Peg  
Sullivan, Jeannie  
VanDerzee, Jack  
VanEtten, Janet  
Vonderweidt, Michel  
Warhaft, Gail and Zellman  
Warrender, Paul and Robin Carlisle Peck  
+ Webster, Don  
Weinstein, David and Christina Stark  
  
+ Wensich, Jacqui  
White, Gina  
Wilkin, Brigitte & Harvey  
Wilson, Jennifer and Joe Wentyschyn  
+ Wilson, Don  
Wooster, Greg and Pam  
Wright, Bruce  
Wright, Tina and Lisa  
Zeserson, Jan and Ken  
Zgola, Marsha  
Zion, Micheline

---

**Cliff and Doris Abbott** (continued from page 2)

hiked in Colorado and visited the Matterhorn. Cliff and his son summited Katahdin in Maine. "People thought we were nuts," said Doris. "They'd go to lay on a beach somewhere for vacation. If you wanted to find us, you wouldn't find us at home. We'd be on the trail."

So, after all those years on the trail and all those miles on their boots, the Abbotts are leaving town for a well-deserved rest. They are moving near Denver, Colorado to be near their sons: Bruce, Keith, and David. They emphasized that, though they will no longer be in the Ithaca area, they will be available by email. When asked what they might say to the hikers and club members they are leaving behind, both were nonplussed. But only for a minute. "Keep up the good work," said Doris. "Take good care of the trail. Thank them for all the work they do keeping the trail in good shape."

**Thank You!**

\*\*\*\*\*

**Lead a Hike for the Cayuga Trails Club**  
**By Anna Keeton and Carol Mallison**

**W**ould you like to lead a hike for the CTC? Leading a hike is the best way to share your favorite trails with other enthusiasts and a great way to volunteer with the club. Are you unsure how to start? First, decide where the hike will be. Read current and past event descriptions from the CTC website to see where other club hikes are scheduled or have recently been. Go to the "Activities & Events" section of the website [www.cayugatrailsclub.org](http://www.cayugatrailsclub.org), select "Suggest a Hike", and download & print the hike leader Form and Checklist for expectations and instructions of hike leaders. If you are not already familiar with the trail, get a detailed trail map, then get out and scout that trail so you will be comfortable leading a group. Type up a hike description that includes your email address and phone number, hike meeting location and meeting time, carpool location and meeting time if that is different than the hike, difficulty level (easy, moderate, strenuous, etc), mileage, terrain, and other details you would like to add.

Walk, Look, and Learn (WLL) hikes are signature Cayuga Trails Club events that give the opportunity to identify trees, birds, flowers, and plants, or learn about other unique aspects encountered on the trail. Leisurely WLL hikes are typically short, perhaps no more than 3 or 4 miles in length. If this approach appeals to you, consider leading a WLL any day of the week.

Next, email Carol Mallison ([gimmechocolate@twcny.rr.com](mailto:gimmechocolate@twcny.rr.com)), Chair of the CTC Publicity and the Walk, Look, and Learn Hikes Committees, to determine what date to lead your hike and to finalize details. Typically, hike schedules fill up in two-month increments that coincide with this newsletter. If you have any questions about this or other volunteer opportunities with the CTC, just ask. Happy Hiking!

## **Mark Your Calendar**

- Fri, May 10 -  
Sun, May 12 ..... Chestnut Lean-to Replacement Phase 2. Details page 6. Leader: Paul Warrender.
- Sun, May 12 ..... Walk, Look, and Learn Hike #566: Birding at the Lindsay-Parsons Biodiversity Preserve. Details page 6.  
Leader: Tom Reimers.
- Sat, May 15 ..... "March of the Ides" Hike Series: Abbott Loop. Details page 7.  
Leader: John Andersson.
- Sat, May 25 ..... Walk, Look, and Learn Hike #567: Snakes, Salamanders, Newts, and Frogs at the William and Marjorie  
Thayer Nature Preserve at Lick Brook. Details page 7. Leader: Tom Reimers.
- Sat, May 25 ..... FLTC Annual Wally Wood Spring Hike. Details on FLTC website [www.fingerlakestrail.org](http://www.fingerlakestrail.org).
- Sat, Jun 1 ..... National Trails Day
- Sat, Jun 8 ..... Watkins Glen State Park. Details page 7. Leader: Joyce Noonan.
- Thur, Jun 13 ..... "March of the Ides" Hike Series: Interloken Trail. Details page. Leader: John Andersson.
- Tues, Jun 25 ..... Waterfall Hike Series - Hike 1: Robert H. Treman State Park Upper Gorge. Details page 8.  
Leader: Carol Mallison.
- Wed, Jun 26 ..... Adopt-a-Highway Cleanup. Details page 8. Leader: David Priester.
- Sat, Jul 6 ..... Walk, Look, and Learn Hike #568: Let's Go Bushwacking. Details page 9. Leader: Tom Reimers.
- Sat, Jul 13 ..... International Loop. Details page 9. Leader: Phil Dankert.
- Mon, Jul 15 ..... "March of the Ides" Hike Series: Abbott Loop. Details page 9. Leader: John Andersson.
- Tues, Jul 16 ..... Waterfall Hike Series - Hike 2: Taughannock Falls State Park. Details page 10. Leader: Carol Mallison.
- Sat, Jul 27 ..... FLTC Annual Ed Sidote Summer Hike. Details on FLTC website [www.fingerlakestrail.org](http://www.fingerlakestrail.org).
- All Events ..... Check website [cayugatrailsclub.org](http://cayugatrailsclub.org) for notices on events that take place before the next newsletter  
reaches your mailbox or that were not announced in this edition.